

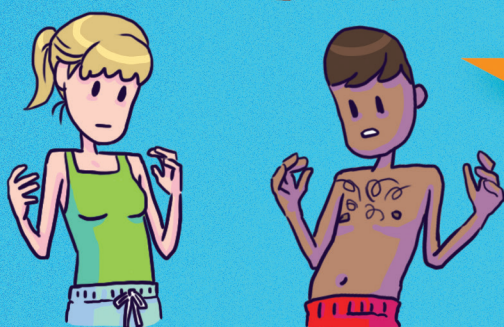


If you're aged 11 – 16
text the school nursing service
07507 333 351

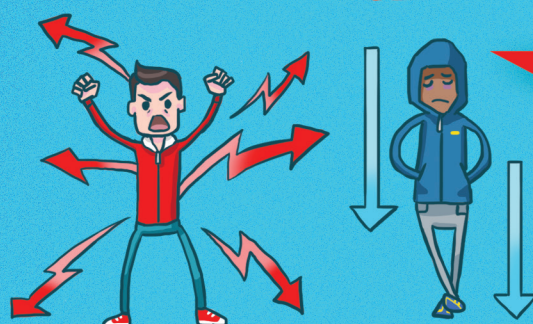
We can help young people with all kinds of things like:



Problems with
friends or family



Puberty



Emotional Health



Self-harm



Drugs, alcohol
and smoking



Relationships

Text us for confidential advice and support

App coming soon