

Extending Active Discovery

Here are some great ideas as to how you can extend Active Discovery in the classroom and at home:

- **Draw or paint pictures of what you've seen**
- **Research the animals/birds/trees seen to then produce a fact file**
- **Make a leaf/tree guide for your local area**
- **Research the history of the buildings in your community- how long have they been there? Have they always been there?**
- **Draw a map of where you have explored**
- **Write directions for your explorations**
- **Make leaf rubbings or use leaves to paint onto to make designs**
- **Make sculptures/collages with the items you find**
- **Draw the patterns you have seen- combine to make a picture of your choice**
- **Take photos of footprints you find and research who they belong to**
- **Make a poster of your favourite things/top spots seen on your explorations**
- **Design a board game based on your explorations. For example, a new style of Snakes & Ladders or Monopoly. Your rules, rewards, and you can also add your street/village/town names to the game**
- **Start a diary writing about the activities you complete and your thoughts about them**
- **Measure objects with a ruler. What is the shortest, longest, widest, thinnest items you've found**
- **Make leaf art on the ground and capture with a photo**
- **Take photos of buildings and items to see on your walk. Using editing tools within photo software, how can you manipulate the colours and shades to create new images**
- **Use the photos to sketch drawings, experiment with colours, shades, bright and cool colours**
- **Make paint brushes with evergreen sprigs and create art**
- **Paint rocks collected on your explorations**
- **Create a poster to raise awareness of the benefits of physical activity on your mental health**
- **Make a sound map after your activity. What did you hear at different areas? Can you recreate the sounds you have heard?**
- **Create catchy slogans to encourage people to be more physically active such as 'Happiness walks on busy feet' or 'Take a stroll to achieve your goal'**
- **Design your own Active Discovery kit, what clothes and footwear do we need and what are their most important functions.....warm, airy, waterproof???**