THE PSHE PULSE

A GHLL BULLETIN



Issue: Anti-bullying Week Special Nov 2025



Hello Everyone,

This term seems to be flying by, and the 'C' word is already being mentioned (and I'm not talking about curriculum!) - we have only just had Halloween and bonfire night.

Before you know it, we'll be in the throes of the annual <u>Children in Need</u> with Pudsey and we were very lucky to have an early meeting with the bear himself at Kingsholm Rugby Club during the headteacher briefings which were delivered this week.

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Fantastic to see so many headteachers and governors, and have time to network, as well as Pudsey's stamp of approval for the GHLL stand and resources.





This bulletin is packed with excellent resources and information including:

- Antibullying Week for all educational settings do make time to have a look and use them in your settings.
- Get creative with the Dementia Coaster Competition for all settings to enter.
- Fantastic Training opportunities including Beyond Boundaries: Respect, Safety & Digital Wellbeing (Secondary/FE) One Day Course - 27th November 2025.
- I also wanted to plug the FREE PSHE Network Meeting on the 20th November ensuring that all our schools are ready to put in place the new Statutory Guidance by Sept 2026.

Finally, I am sure you have heard that the PWS for 2026 is now open to sign up to. However just in case the link is <u>HERE</u> The survey is for primary, secondary, specials, 6th forms and FE Colleges and is the perfect opportunity for capturing pupil/student voice as well as identifying intervention work for your children and young people.

Best wishes
Fiona and the GHLL team



This year's theme "Power for Good" has come following consultation with teachers and pupils by the Anti-Bullying Alliance which coordinates Anti-Bullying Week every year in England, Wales and Northern Ireland. Teachers and children wanted a theme that empowered them to do something positive to counter the harm and hurt that bullying causes.

Following the success of the campaign in 2024 – when over 80% of schools marked the week, reaching over 7.5 million children and young people – this year, we'll empower children and young people to use their Power for Good to speak out, support others, and build a world where kindness wins.

As usual, schools are able to <u>download free teaching resources and</u> <u>themed assemblies</u>. These focus on how we can actively use our Power for Good, and what we can do to stop bullying. We will also develop a media, social media and community-based campaign to help bring Anti-Bullying Week to life whether you're at home, work or in school. Watch this space!



Check out the following pages for more resources for Anti-bullying week



Anna Freud Mentally Healthy Schools have also produced a handy toolkit for each stage: Primary, Secondary and Further Education for Anti-Bullying Week and this year's theme "Power for Good: building kindness and confidence together".

The toolkit provides lots of practical resources and ideas to help explore the theme and strengthen a sense of belonging and respect across your community all year round.

<u>Click here to download the toolkit.</u>



Power for Good Assembly for Anti-bullying Week 2025

1decision have produced an assembly to use that can be accessed as part of their free taster pack.

For more information visit there website here.





Visit the GHLL website for resources, lesson plans and ideas to support your preparations for Antibullying week 2025.

KS1 Lesson - <u>What is bullying?</u>
LKS2 Lesson - <u>What can we do about bullying?</u>
UKS2 Lesson - <u>What is the impact of bullying?</u>

<u>Further primary lessons (incl SEAL lessons) can be</u> <u>found on the Caring Friendships page of GHLL resources</u> <u>as well as the Respectful Relationships page.</u>



PSHE Association seventeen minute talk about the importance of teaching about Friendship and Bullying in both primary and secondary settings.

Secondary & FE resources



BBC Live Lesson taking place on Monday the 10th of November at 11:00. Discover how Anti-Bullying Week discover how to use the power for good and be empowered to speak up, support others and build a world where kindness wins and bullying stops.

BBC Teach have a number of resources, videos and live lessons for Primary, Secondary and FE. Click here to visit the Teacher Resources page.





Resources from Kidscape for Key Stage 3 & 4

Secondary School & Youth
Setting Pack from Anti Bullying
Alliance who have developed this
to help you bring 'Anti-Bullying
Week 2025: Power for Good' to
life in your secondary school or
with secondary school-aged
children in your setting.





Anti-bullying week free resources for schools by Just Like us, the LGBT+ Young People's charity. includes inclusive posters and display materials, assemblies and videos for a secondary schools and further education.

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Kidscape have lots of free lesson plans, assemblies, activities and more to teach children about friendships and bullying.

Click here to visit their Anti-bullying week and Friendship Friday: For Schools and Communities Page.

<u>Download FREE Lanyard printables for children so they</u> <u>know what to do if they see bullying</u>



FREE EVENT FOR ALL SCHOOLS IN GLOUCESTERSHIRE

GHLL's First PSHE Network Meeting

"New Statutory RSHE Guidance 2025: What You Need to Know"

Thursday 20th November 2025

Target Audience: Senior Leaders and PSHE Subject Leaders



Hatherley Manor,
Down Hatherley Lane
Gloucester
GL2 9QA



By September 2026 all schools will need to teach in line with the new RSHE statutory guidance. These sessions will help practitioners get to grips with the key changes for schools and gain practical advice on how to integrate these into their existing curriculum. Amongst other changes, the new guidance for **primary schools** puts additional emphasis on supporting mental health and includes risks around financial harms including the addictive nature of gambling, as well as addressing safeguarding risks linked to technology. The morning session aims to support practitioners build confidence in planning and delivering this new content. For **secondary schools**, the new guidance places greater emphasis on complex and sensitive topics such as misogyny, the impact of pornography, deep fakes and artificial intelligence. The afternoon session aims to enable practitioners to build confidence in planning and delivering this new content. **Special Schools and Alternative Provision Settings** may choose to attend either session, or both, as appropriate.

9:00 - 12:00 - Primary Schools

- Explore the new statutory requirements for RSHE and what these mean for your school
- Review policy and curriculum adaptations in light of new content and requirements
- Build confidence in effective relationships with parents

Book your FREE place now

13:00 - 16:00 - Secondary Schools

- Explore the new statutory requirements for RSHE and what these mean for your school
- Review policy and curriculum adaptations in light of new content and requirements
- Build confidence in teaching about emerging sensitive issues on the curriculum

Book your FREE place now

Speaker Bio

GHLL's first PSHE Network Meeting is being delivered by the PSHE Association's Senior Subject Expert, Jenny Fox. <u>Click here for full bio.</u>



Gloucestershire Health Living and Learning

GHLL are excited to be funding this CPD opportunity for all schools in the county, to support school leaders and PSHE subject leaders in ensuring their RSHE curriculum is brought in line with statutory requirements, and their whole school approach to health and wellbeing is robust and safe. Your school's GHLL Lead Teacher will be in attendance during the day and will be available to talk to you and arrange further visits to your school throughout the academic year as you bring your provision in line with the new statutory guidance.

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Speaker Bio

Jenny is a Senior Subject Specialist at the PSHE Association, working closely with the Director of Education to lead the Subject Specialst team. She has taught PSHE education since qualifying in 2009 and was previously the Team Leader for PSHE and Citizenship in two London schools, roles which included introducing a new PSHE programme of study and co-ordinating the student council.

Since joining the PSHE Association, she has worked with a range of agencies, from the NSPCC, to the Home Office, and Department for Education, developing materials that support schools to deliver highly effective and safe PSHE education.

Jenny has also completed a Masters in Teaching and Learning. She is passionate about inclusive education for all and has led young people's LGBT groups in both of her previous schools — empowering them to campaign for their rights and challenge discrimination. She believes that PSHE education is crucial to equipping young people with the skills they need to navigate safe, healthy and happy lives.

To find out more and book a space <u>click here</u> or email us at <u>ghll@gloucestershire.gov.uk</u>

Beyond Boundaries: Respect, Safety & Digital Wellbeing (Secondary/FE) One Day Course - 27th November 2025

at Dowty Sports and Social Club, Down Hatherley Lane, Glos

From September 2026, the updated RSHE statutory guidance comes into force.

Are your staff confident and ready to deliver it?

We're offering a FREE, one-day training course designed to upskill your team and boost confidence in tackling some of the most pressing issues facing young people today.

The course is built around three powerful modules:

IT'S MORE THAN JUST BANTER! SEXUAL HARASSMENT 09:15-10:45

BACK BY POPULAR DEMAND AFTER LAST YEAR'S
SUCCESS. THIS SESSION EXPLORES SEXUAL
HARASSMENT, MISOGYNY, INCEL MOVEMENT AND
NAVIGATING THE TOXIC DIGITAL SUBCULTURE, WITH
PRACTICAL STRATEGIES FOR ADDRESSING THESE ISSUES
IN EDUCATIONAL SETTINGS



BEYOND THE SCROLL: PROTECTING AGAINST DIGITAL HARM 11:15-12:45



DELIVERED IN COLLABORATION WITH
GLOUCESTERSHIRE POLICE AND GHLL, THIS MODULE
COVERS SAFEGUARDING RISKS IN GAMING AND
APPS, SPOTTING AI DEEPFAKES AND FINANCIAL
EXPLOITATION— WITH CLEARWAYS TO BRING THESE
TOPICS INTO YOUR CURRICULUM.

SHAPING RESPECT: RESPONDING TO VIOLENCE & HARMFUL INFLUENCES 13:30-15:00

EXPLORE GENDER-BASED VIOLENCE, TOXIC ONLINE INFLUENCERS, DOMESTIC ABUSE, COERCIVE CONTROL, AND THE IMPACT OF PORNOGRAPHY, WITH GUIDANCE ON HOW TO RESPOND EFFECTIVELY IN YOUR SETTING.



To book a place please <u>click here</u> on <u>email us</u> confirming whether you would like to attend full day or which individual modules

Coaster Design Competition



Do your pupils take part in **intergenerational activities** with members of the older generation in your community? Do you deliver learning around awareness, and understanding, of dementia? Our three primary lessons have been updated to align with the new statutory guidance and can all be found here; secondary resources can be found here.

These lessons will form an **enriching part of your school's PSHE curriculum.**

Following on from the success of our badge design competition two years ago, we are excited to be launching the **Coaster Design Competition** this academic year. This is open to all children and young people in the county from all schools and colleges, and we are looking forward to seeing the designs pupils create to **raise awareness of dementia**. The winning entries (primary and secondary/FE) will be celebrated, and we will visit your school/college to congratulate the successful designer. Their creation will then be professionally manufactured into coasters to be shared with schools, colleges and clinical settings throughout Gloucestershire

<u>Click here</u> to download the template to use to submit entries

Any questions about the learning around dementia you can deliver in your school/college, or about the competition itself, please contact nicky.witcomb@gloucestershire.gov.uk

Please see the next page for poster advertising the Design Competition

Design Competition:

Open to all pupils of Gloucestershire schools and colleges



Create a coaster design to represent being dementia aware



The creator of the winning design will see their coaster manufactured for use, and shared across the county

Please design your coaster on the template provided



Closing date - Friday 8th May 2026
Entries can be submitted at any time from now until closing



For further information contact ghll@gloucestershire.gov.uk or your GHLL Lead Teacher





News

Gloucestershire County
Council Launches new Online
Safety Portal for Parents and
Carers



Following concerns raised by parents, GCC has launched a new online resource giving parents and guardians information about the benefits and risks of online spaces, with details of further information and where support is available.

<u>Please take a look at the site</u> and promote it to families through your networks.

The following Posters can be downloaded to display or send out to parents and carers to make them aware of this fabulous resource.



News

Free NHS Dental Check up for Children in Cam, Dursley and surrounding areas



Bupa Dental Care Dursley have a new initiative to support children in their local community who are not currently accessing regular dental care. This scheme is specifically intended for children from vulnerable or disadvantaged backgrounds who may face challenges attending a dental practice.

Through this initiative, eligible children will receive a free NHS dental check-up and any necessary treatment, provided at the Dursley practice.

The scheme is seeking referrals from professionals and local services who may know of children in need of dental support. Whilst they are particularly focused on children who have experienced dental decay, they will also welcome referrals based on a range of risk factors, including:

- Medical conditions
- Special educational needs
- Families receiving benefits
- · Involvement with a social worker
- High sugar diet
- Limited opportunities for early oral health learning at home
- Other social, emotional, or financial vulnerabilities

Importantly, any child without a dentist may be eligible if one or more of these risk factors apply.



To find out more please contact Karen or Emma at the practice via this <u>email address</u>.

Learning and Teaching



Handle with care: AI and teaching PSHE

Access a free guide from the PSHE Association on the ethics, pitfalls and possibilities of using AI for PSHE. This useful guidance outlines some examples of how and where teachers may use generative AI in their planning, assessing and teaching of PSHE, whilst considering some of the advantages and disadvantages/risks in each of these contexts. Click here to access the resource (sign up for a free account required)



Inclusive Schools, Active Girls Free Online Workshop for School Leaders

Join Olympian Tess Howard, the Youth Sport Trust, and Pilton Community College for a one-hour session exploring how inclusive policy, uniform and leadership can help every girl move with confidence.

- Online | 1 hour | Free to attend
 Wed 12 Nov, 14:00–15:00
 Thu 13 Nov, 16:00–17:00
- FREGISTRATION Inclusive schools, Active Girls policy, leadership and practical tools



GHLL Upcoming Training



All of our courses (except Mental Health First Aid, which now has a minimal cost to cover the physical manual delegates receive) are **Free**. Please click the title, on the left side for more details and the Book button on the right if you would like to book a space.

Courses	Dates & Location	Book
Last Few S Mental Health First Aid Youth 2 Day 09:00-17:00	Tues 18th & Weds 19th November, Painswick RFC, Broadham Fields Painswick Please note: there is a £31 fee to cover the cost of the MHFA Manual delegates receive	Book
PSHE Network Meeting- Primary 09:00-12:00	Thur 20 th November- Hatherley Manor Hotel, Down Hatherley Lane, Gloucester, GL2 9QA	Book
PSHE Network Meeting-Secondary 13:00-16:00	Thur 20 th November- Hatherley Manor Hotel, Down Hatherley Lane, Gloucester, GL2 9QA	Book

GHLL Upcoming Training



To view our Training Calendar on the website, <u>click here.</u>
For Young Minds Matter (YMM) settings please also see the <u>YMM</u>

<u>Training Calendar</u>.

Courses	Dates & Location	Book
EPS Supporting Children Through Loss & Bereavement 09:30-12:30	Weds 26 th November, Colwell Arts Centre, Derby Road, Gloucester, GL1 4AD	Book
Beyond Boundaries: Respect, Safety & Digital Wellbeing (Secondary/FE) 09:00-15:30	One day course consisting of 3 modules Thurs 27 th November, Dowty Sports & Social Club, Down Hatherley Lane Gloucester, GL2 9QH	Book
Mental Health First Aid Lite 09:30-12:30	Tues 2nd December, Colwell Arts Centre, Derby Road, Gloucester, GL1 4AD Please note: there is a £16 fee to cover the cost of the MHFA Manual delegates receive	Book
Staff Wellbeing Training 09:30-12:30	Weds 14th January 2026, The Pavilion, Hatherley Lane, Cheltenham, GL51 6PN	Book

GHLL Upcoming Training



Courses are added regularly so please check back or <u>sign up</u> for our training alerts by emailing us <u>ghll@gloucestershire.gov.uk</u> to receive reminders about our courses and be informed when new sessions are added.

Courses	Dates & Location	Book
EPS Supporting Children Through Loss & Bereavement 09:30-12:30	Weds 21 st January 2026, The Pavilon, Hatherley Lane, Cheltenham, GL51 6PN	Book
Trusted Emotionally Available Adult 09:00-12:30	Thurs 22 nd January 2026, Colwell Arts Centre, Derby Road, Glos, GL1 4AD	Book
Primary R(S)HE- Curriculum Training & Resources Workshop 09:30-15:30	Mon 26 th January 2026, The Pavilon, Hatherley Lane, Cheltenham, GL51 6PN	Book
Mental Health First Aid Youth 2 Day 09:00-17:00	Thurs 29 th & Fri 30 th January 2026, Gloucester Deaf Association, Colin Road, Barnwood, Gloucester, GL4 3JL	Book

THE PHSE **PULSE**

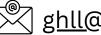
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Image Source: Anti-bullying Alliance- Primary School & Youth Setting Pack Anti-Bullying Week 2025: Power for Good

We would love to hear from you Contact us by...



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