

# HEY, FAMILIES OF GLOUCESTER

JOIN OUR FREE HEALTHY LIFESTYLE COURSES TO MAKE HEALTHY HABITS  
TOGETHER, AND HAVE FUN DOING IT!

Kingfisher Church  
Moor Street, Gloucester, GL1 4NJ

**Mondays 16:30 – 18:30**

For 12 weeks from 18<sup>th</sup> September 2023

To be eligible for your place on this awesome free service, your family must live in Gloucestershire and include one child aged 7 – 12 who is above their ideal healthy weight.



Healthy eating



Fun activities



To sign up for your family's **FREE** place...



[beezeebodies.com/families](https://beezeebodies.com/families)



01452 717262

or scan me with  
your smartphone  
camera

