

KICK OFF THE NEW SCHOOL YEAR WITH HEALTHY HABITS AT OUR FREE FAMILY WEIGHT MANAGEMENT GROUPS!

NEW COURSES START W/C 3rd OCTOBER 2022 FOR 12 WEEKS

MONDAY	TUESDAY	WEDNESDAY
GLOUCESTER All Nations Community Centre GL4 6PH 16:30 - 18:30	GLOUCESTER The Phoenix Centre GL4 6DX 17:00 - 19:00	FOREST OF DEAN Lydney Community Centre GL15 5AT 16:30 - 18:30

*to be eligible for this awesome free service, your family must live/go to school/be registered with a GP in Gloucester City or Forest of Dean and include one child age 5-15 who is above their ideal healthy weight.



BeeZee Families

www.beezeebodies.com/families 01452 717262



HEY, FAMILIES OF GLOUCESTER & FOREST OF DEAN WANT TO LIVE A HEALTHIER LIFESTYLE?

JOIN OUR FREE, FUN, FAMILY-FOCUSED COURSES
TO HELP YOU AND YOUR CHILDREN MAKE
HEALTHY HABITS FOR LIFE!



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Gloucestershire
COUNTY COUNCIL