**Intergenerational Dementia Project**

Brief for Schools

**Background**

The Intergenerational Dementia Project is part of the Gloucestershire Dementia Training & Education Strategy. We live in an ageing population where the need for young people to have knowledge and awareness of Dementia is vital. Not only to challenge stigma and help people live well with the disease, but also to help them understand the importance of healthy lifestyles for the prevention of Dementia in later life. The emphasis this year is on **prevention**.

* A third of young people know someone with dementia. With over two million people developing dementia in the next ten years, it is likely most of today's young people will know someone affected by the condition in their lifetime.
* By educating young people about dementia, we can create a dementia-friendly generation. Young people will have increased confidence and understanding when [communicating](http://www.alzheimers.org.uk/site/scripts/documents_info.php?documentID=130) with people with dementia, helping to reduce social isolation and stigma for those living with dementia.
* As well as the positive impact on people [living with dementia](http://www.alzheimers.org.uk/site/scripts/documents.php?categoryID=200342) today, increasing young people's understanding of dementia will have long term benefits as they approach adulthood and become the [carers](http://www.alzheimers.org.uk/site/scripts/documents.php?categoryID=200343), [social workers](http://www.alzheimers.org.uk/site/scripts/documents_info.php?documentID=175), researchers, employers and adults of tomorrow. Their understanding will create [dementia-friendly communities](http://www.alzheimers.org.uk/site/scripts/documents.php?categoryID=200436), helping us all to live well with dementia.

Learning a little more about dementia can support young people's education in several areas:

* Understanding ageing
* Dealing with loss
* Learning how people used to live
* Becoming more active in their community
* Building intergenerational relationships
* Reinforcing messages about a healthy lifestyle
* Reinforcing a more inclusive society

Alongside our sessions around dementia, we are running a county wide competition for the children in your school to

**Design a Dog’s Bandana**

(For further details, please see the attached flyer and PowerPoint)

**Development of the Project**

**Project A**

 Purpose:

* Understand how the Five Ways to Wellbeing can help prevent dementia in later life
* Increase knowledge and understanding of dementia
* Raise awareness of the conditions and their significance for an ageing population
* Help your local community to become dementia friendly
* Support people to live well with dementia
* Enable earlier recognition of possible dementia symptoms

These objectives will then help children and young people develop broader skills and values such as:

* Acceptance
* Tolerance
* Empathy
* Understand of diversity and difference

GHLL can help create a bespoke unit of work for your young people:

* Pick up and go teaching resources
* Ideas for community links (schools or wider community)
* Support from Lead Teachers and community specialists/volunteers
* Engage local volunteers to lead Dementia Friend Award sessions in school

**Project B**

 Purpose:

* With the use of music creation, understand how the Five Ways to Wellbeing can help prevent dementia in later life
* Increase knowledge and understanding of dementia
* Raise awareness of the conditions and their significance for an ageing population
* Help your local community to become dementia friendly
* Support people to live well with dementia
* Enable earlier recognition of possible dementia symptoms

These objectives will then help children and young people develop broader skills and values such as:

* Acceptance
* Tolerance
* Empathy
* Understanding of diversity and difference

GHLL can help create a bespoke unit of work for your young people:

* Engage children in a music project through the Songwriting Charity
* Provide pick up and go teaching resources
* Offer ideas for community links (schools or wider community)
* Give support from Lead Teachers and community specialists/volunteers
* Engage local volunteers to lead Dementia Friend Award sessions in school

***All teaching resources will be available on the GHLL website, including competition flyer and ppts***