

# HEY, FAMILIES OF CHELTENHAM!

JOIN OUR FREE HEALTHY LIFESTYLE COURSES TO MAKE HEALTHY HABITS  
TOGETHER, AND HAVE FUN DOING IT!

St Marks & Hesters Way Community Centre,  
Brooklyn Road, Cheltenham, GL51 8DS

Thursdays 16:30 – 18:30

For 12 weeks from 21<sup>th</sup> September 2023

To be eligible for your place on this awesome free service, your family must live in Gloucestershire and include one child aged 7 – 12 who is above their ideal healthy weight.



Healthy eating



Fun activities



To sign up for your family's **FREE** place...



[beezeebodies.com/families](https://beezeebodies.com/families)



01452 717262

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camera

