Intergenerational Dementia Project

Briefing for Lead Teachers and Schools

Background:-

The Intergenerational project is part of the Gloucestershire Dementia Training & Education Strategy. You will be aware of this from Di’s work over previous years.

We live in an aging population where the need for young people to have knowledge and awareness of Dementia is vital. Not only to challenge stigma and help people live well with the condition, but to help them understand the importance of healthy life styles in the prevention of Dementia in later life. The emphasis this year is on prevention.

* A third of young people know someone with dementia. With over two million people developing dementia in the next ten years, it is likely most of today's young people will know someone affected by the condition in their lifetime.
* By educating young people about dementia we can create a dementia-friendly generation. Young people will have increased confidence and understanding when [communicating](http://www.alzheimers.org.uk/site/scripts/documents_info.php?documentID=130) with people with dementia, helping to reduce social isolation and stigma for those living with dementia.
* As well as the positive impact on people [living with dementia](http://www.alzheimers.org.uk/site/scripts/documents.php?categoryID=200342) today, increasing young people's understanding of dementia will have long term benefits as they approach adulthood and become the [carers](http://www.alzheimers.org.uk/site/scripts/documents.php?categoryID=200343), [social workers](http://www.alzheimers.org.uk/site/scripts/documents_info.php?documentID=175), researchers, employers and adults of tomorrow. Their understanding will create [dementia-friendly communities](http://www.alzheimers.org.uk/site/scripts/documents.php?categoryID=200436), helping us all to live well with dementia.

Learning a bit more about dementia can support young people's education in several areas:

* Understanding ageing
* Dealing with loss
* Learning how people used to live
* Becoming more active in their community
* Building intergenerational relationships
* Reinforcing messages about a healthy lifestyle
* Re-inforcing a more inclusive society

How can you help?

* Recommend a school?
* Promote the Project in your locality?
* Offer help and guidance to participating schools in your area?
* Promote our competition

**Competition: - ‘Design a Doggie Bandanna’**

## Design a lovely bright bandanna for dogs across Gloucestershire. Please see attached flyer and ppts. Designs to be judged by Margaret Willcox, Director of Adult Social Care, Gloucestershire County Council, winner to be announced on Friday 3rd May. Winners will be chosen from each of the following Key Stages 2, 3, 4.

Further options for the competition: -

* You can invite a Gloucestershire Dementia Dog to small groups or an Assembly
* Link up with community contacts in your school’s area who can visit school to do talks and workshops
* Work with your neighbouring primary or senior school
* Widen the project into a live brief for design and marketing students
* Dementia supports several areas of the PSHE curriculum for all Key Stages, and also has relevance in Science, Health and Social Care, Citizenship and many other subjects.

**Development**

**Project A**

 Purpose:

* Understand how the 5 ways to well-being can help prevent dementia in later life
* Increasing knowledge and understanding of dementia
* Awareness of the conditions and their significance for an aging population
* help your local community to become Dementia friendly
* Supporting people to live well with dementia
* Earlier recognition of possible dementia symptoms

Help children and young people develop broader skills and values such as:

* Acceptance
* Tolerance
* Empathy
* Understand diversity and difference

GHLL can help create a bespoke unit of work for your young people:

* Pick up and go teaching resources
* Ideas for community links (schools or wider community)
* Support from Lead teachers and community specialists/volunteers
* Dementia friend award

**Project B**

 Purpose:

* With the use of music creation understand how the 5 ways to well-being can help prevent dementia in later life
* Increasing knowledge and understanding of dementia
* Awareness of the conditions and their significance for an aging population
* help your local community to become Dementia friendly
* Supporting people to live well with dementia
* Earlier recognition of possible dementia symptoms

Help children and young people develop broader skills and values such as:

* Acceptance
* Tolerance
* Empathy
* Understand diversity and difference

GHLL can help you create a bespoke unit of work for your young people:

* Song writing charity
* Pick up and go teaching resources
* Ideas for community links (schools or wider community)
* Support from Lead teachers and community specialists/volunteers
* Dementia friend award.

***All teaching resources on GHLL website including flyer and ppts***