

**CONDOMS AND  
CONTRACEPTION**

**SEX IN A DIGITAL  
WORLD**

**HEALTHY  
RELATIONSHIPS**

**LET'S TALK  
ABOUT SEX**

**SEX AND THE  
LAW**

**Want to confidently ask/answer sexual health questions?**

**Want to improve the sex and relationships outcomes for people you  
are working with?**

**Need the most up to date facts and stats?**

The Eddystone Trust brings you the very latest in HIV and Sexual Health. Building on over 25 years of successful training, conferences and professional development we are proud to present a revised and fully updated training programme.

Reflecting sex in the 21st century and responding to challenges within the sector, the programme is interactive, full of exercises, useful facts and inspirational, yet practical tools for you to take away and deliver within your own setting.

Each module lasts for half a day and is free to attend for professionals working in Gloucestershire.

#### **Bookings**

Bookings are taken by **Eventbrite**. Go to [www.eventbrite.co.uk](http://www.eventbrite.co.uk) and search for your area, course title or for '**The Eddystone Trust**' and your courses will appear. Alternatively contact [naomi.cooper@eddystone.org.uk](mailto:naomi.cooper@eddystone.org.uk)

**GENDER, IDENTITY  
AND SEXUAL  
ORIENTATION**

**HIV AND  
HEPATITIS**

**TEENAGE  
PREGNANCY**

**Sex and the Law** – What are your and your organisation’s responsibilities in regards to safeguarding? This module looks at the most up to date laws in relation to sex and relationships, including CSE, revenge porn and sexting.

**18<sup>th</sup> June 2019 9.30-12.45**

**Sex in a digital world** – How does the availability of apps and porn via modern technology impact on sexual behaviour and relationships today? What role does the media play in sexual identity?

**18<sup>th</sup> June 2019 13.30-16.45**

**Let’s talk about sex** – Talking about sex makes it a less taboo subject. Know your gonorrhoea from your syphilis, testing options and barriers to testing.

**25<sup>th</sup> June 2019 9.30-12.45**

**Healthy relationships** – What is a healthy relationship? How do we recognise when it’s unhealthy? How do we support people with self esteem and confidence?

**25<sup>th</sup> June 2019 13.30-16.45**

**Teenage pregnancy** – Do you see young women becoming pregnant when they might not mean to? Would you like to help prevent unplanned teenage conceptions?

**2<sup>nd</sup> July 2019 9.30-12.45**

**Condoms and contraception** – Explores condom negotiation, correct condom use, long lasting contraception and influences such as culture and religion.

**2<sup>nd</sup> July 2019 13.30-16.45**

**Gender, identity and sexual orientation** – What does it mean to be trans, gender neutral or an MSM? We invite you to explore gender fluidity and sexual orientation with us including the impact discrimination and ignorance can have on people’s lives.

**11th July 9.30-12.45**

**HIV and Hepatitis** – Do you know the difference between HIV and AIDS? Can you catch hepatitis from casual contact or saliva? Come and update your knowledge on two viruses that are often shrouded in myths and legends.

**11<sup>th</sup> July 13.30-16.45**