

Using the COVID-19 pandemic to understand the role of extracurricular activities in young people's wellbeing

Are you a **young person (Year 7-11)** who participated in an extracurricular activity before the pandemic?

Are you the **parent or carer**, or the **organiser or leader** of an extracurricular activity for young people (Year 7-11)?

If the answer to one of these questions is YES, I would like to hear from you!

I am carrying out a research project which aims to understand the role of extracurricular activities in young people's wellbeing by asking questions about the impact of the COVID-19 pandemic in Gloucestershire. I hope to hear from young people, parents or carers, and organisers to find out the impact this has had.

These extracurricular activities may have been at a school, in the community, or specifically designed for young people with additional needs. The extracurricular activities may be sport, music, drama, dance, art, board games club, youth group, scouts, air cadets or many, many more.

If you agree to take part, you will be asked to complete an online questionnaire. This should take approximately 10-15 minutes of your time.

To find out more information and how to take part, follow one of the links below.

[Please click here to be taken to the questionnaire for young people](#)

[Please click here to be taken to the questionnaire for parents](#)

[Please click here to be taken to the questionnaire for organisers](#)

For more information, or any questions please contact me Laura Douglass on ld537@exeter.ac.uk

