

THE PSHE PULSE

A GHLL BULLETIN



Gloucestershire
Healthy
Living and Learning

Issue: June 2026



Transitions Special

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PSHE Pulse: Transitions Special

Welcome to this special **Transitions Edition of the PSHE Pulse**. As we approach the end of the academic year, our focus turns to one of the most important elements of Personal Development and wellbeing: **supporting children and young people through periods of transition and change.**

Transitions are key milestones. Whether moving from **primary school to secondary school**, or progressing from **secondary education into college or further education**, these moments bring exciting opportunities—but also uncertainty, pressure and a wide range of emotions.

...continued on page 2



www.ghll.org.uk

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Welcome message continued from front page...

The transition from **primary to secondary school** represents a significant change in a young person's experience: new environments, increased independence, different expectations, and evolving friendships. Careful planning and effective transition work help pupils feel **safe, confident, and ready to learn**, reducing anxiety and supporting a strong sense of belonging.

Similarly, the move from **secondary school to college** or further education is a crucial step towards adulthood. Young people begin to make more independent decisions about their futures, pathways and identities. At this stage, high-quality PSHE and pastoral support are essential in developing **resilience, confidence, and the life skills needed for successful and positive next steps**. We hope this edition will assist you in preparing your children and young people.

A timely reminder: Keeping children safe around water

The summer period is always a busy exciting time—a time often associated with transition activities, trips and increased outdoor opportunities—it is also vital that we highlight **water safety messaging**.

Included in this Bulletin are resources to help you deliver this topic by The Royal Life Saving Society (RLSS) . They have issued a warning following several tragic incidents involving children and young people, noting that **warmer weather often leads to an increase in accidental drownings**. Sadly seven young people, including children as young as 12, have recently lost their lives in water-related incidents. **Please see page 8 for further information**

A Whole-School Approach to Sun Safety Education

With the wonderful weather over the half term and alongside key transition activities—it is important that we continue to prioritise **pupil health, safety and prevention education**, including the vital area of **sun safety**.

.....Continued on next page

Welcome message continued...

The **Sun Safe Schools programme** has been supporting primary schools since 2012 to embed effective sun safety practice through a structured, whole-school approach. Grounded in best practice and over a decade of experience, the programme aligns closely with education, safeguarding and health prevention standards, reaching over one million children and families nationwide.

By integrating:

- **Curriculum-linked learning**
- **Whole-school policy development**
- **Staff engagement**
- **Community awareness**

schools can ensure that sun safety is not taught in isolation, but becomes part of a consistent and embedded culture of wellbeing.

See page 11 of this bulletin for further information on the programme and sun safety advice.

We are also delighted to announce the winners of our **Intergenerational Coaster Design Competition**. Please see pages 15-17 for full details of the winners, runners up and thanks to all who took part to raise awareness of Dementia.

As always do get in touch if you have any questions or feedback.

Best wishes

Fiona and the GHLL Team

Our Latest Healthy Schools Award Achievers



Bourton-on-the-Water
Primary School

Charlton Kings Junior School



Hesters Way Primary School

Leckhampton CofE Primary
School



Leckhampton
C of E Primary School



Rowanfield Infant School

**Final Award Submission
Dates For This Year**
Healthy Schools: 17th June
Mental Health Champions:
10th June

**To See 2026-2027 Submission Dates
[Click Here](#)**

Transition Special Resources

Over the next few pages, you will find our specially selected resources and guidance to enable you to support your pupils through transitions to the next stage of their education. This includes all transitions: EYFS to Y1; Y6 to new secondary setting; Y11 to sixth form/college; moving to a new school; and any other transition experienced by pupils in your care.



Moving from EY to KS1: Play-based learning still matters

This helpful article from Headteacher Update explores how schools can support a smooth transition from Reception to Year 1 while maintaining the benefits of play-based learning. Michelle Windridge shares practical ideas and highlights why play remains key for engagement, confidence, and wellbeing.

[!\[\]\(23d9fc146e83b5c3013cfa32c784f8d5_img.jpg\) Read the full article here](#)



TogetherNESS have video resources for Moving up to primary school, moving up to secondary school and moving up to secondary school for children with additional needs.

To watch please [visit their website here](#) for videos and further information on how to support children's feelings and emotional resilience around moving up.

Transition Special Resources

Moving up to Year 6? “Spill the Beans on SATs”



Help Families to prepare for SATs with this useful guide from Learning by questions, Togetherness and the NHS aimed to answer the questions and worries children and their parents/carers may have.

[Click here to find out more and download the guide for free.](#)

School Nursing Team monthly 'Health Hub' at Barton Gate Children's Centre for parents and carers.

These are a single point of access for families to come and seek health advice and support. Each month will have a theme and colleagues from other organisations joining them.

The next hub will be on the **1st July** with the focus **“Ready for School”**.

[To download the poster to share click here](#)

Supported by Gloucestershire Gateway Trust

Gloucestershire Health and Care NHS Foundation Trust

Children's Health Hub

Do you have a worry about the health of your child? Or just a question you would like to be answered? Come and see your local health visiting and school nursing teams in our new Health Hub!

Each session, we will have guest organisations come to show how they can help children and their families to support their health and wellbeing!

Where? Bartongate Children's Centre, GL14AW
When? The first Wednesday of the month
Time? 10-12am
How? Just pop along, no booking needed!

6th May Healthy Lifestyles
3rd June Sleep and Emotions
1st July Ready for School
5th August Ready for School
2nd September Healthy Lifestyles

working together | always improving | respectful and kind | making a difference

Support for Parent Anxiety

TOGETHERNESS

Bringing the Solihull Approach to the world

Transitions can also be an anxious time for parents and carers. This useful article from Togetherness gives advice on how managing your own worries and anxieties is important to have space for your children and their own feelings and emotions. Linked to their Solihull Approach courses on Understanding your child

[click here to see the full article.](#)

See page 23 to find out about FREE access to NHS Togetherness Solihull Approach Online Learning for professionals, parents and carers

Transition Special Resources



Empowering children through transition season with Lumi Nova

The transition to a new school or year group can bring worries for children. Whether it's nerves about making new friends, fears about 'fitting in' or maybe a lack of confidence, it's important we understand and address the range of emotions children may experience and help them navigate this change smoothly.

Lumi Nova can be used flexibly at home or in school to support children to better understand and overcome their fears & worries.

Lumi Nova helps to tackle common worries associated with transition, such as:

- Being okay with making a mistake on school work or a test
- Managing worries about going to school
- Feeling comfortable speaking in front of a group
- Trying to make a new friend

What can you do in school?

These key steps provide a simple framework for embedding Lumi Nova into your existing transition activities:

- **Comms to 'New Starters' (Spring Term):** Share our newsletter & information sheet with all parents / carers of children changing year groups or schools.
- **Transition Day Activity (Summer Term):** Normalise feelings of worry and introduce Lumi Nova with our ready-to-use assembly or interactive workshop resources.
- **Pre-Summer Reminder (Late Summer Term):** The summer break is the perfect time to use Lumi Nova at home. Send out a final reminder & share a social media post.
- **September Welcome (Autumn Term):** Create a Lumi Nova display board to normalise feelings of worry and remind children Lumi Nova is available. Our assembly & workshop resources are also a fantastic way to kick off the new school year!

Transition Special Resources



YMM have produced a “Transition Support Pack” complete with transition booklets for children to work through and information for parents.

[Visit our website to view and download](#)



To help students transition from primary to secondary school the BBC has partnered with the YoungMinds Find your Feet project, aimed at enabling schools to actively support the mental health and emotional wellbeing of children as they start the next chapter in their lives. [Visit the page here.](#)



Anna Freud

This includes an animation and accompanying teacher toolkit aimed at supporting pupils who have recently started Year 7, or are due to start soon. [Visit the resources here.](#)



[Download](#) the Transition Workbook to help children transition to a new school or class.



Worry Lesson for Year 6

Check out this useful [slide show](#) from 1 decision, about worry and understanding feelings. Including this helpful [video on going to secondary school](#) and the worksheets to use alongside the lesson below.

[Worksheet 1](#)

[Worksheet 2](#)

[Worksheet 3](#)

[Worksheet 4](#)

[Visit our GHLL Transition Page to see comprehensive list of Transition resources](#)

Water and Sun Safety This Summer

FREE accreditation programme to become water smart schools.



In their Child Drowning Report, the Royal Life Saving Society UK found that in 2022, accidental drowning fatalities among children rose by 46% compared to the five-year average. Tragically, 35 children lost their lives—the equivalent of an entire classroom.

Every young person deserves access to vital water safety skills, regardless of their background. These skills not only protect them around water but also open doors to enriching water-based activities and play. At RLSS UK, we believe the most effective water safety education comes through sustained learning, where essential skills are embedded to encourage informed decision-making and responsible behaviours.

Their Water Smart Schools Accreditation programme is open to early years, primary, secondary and SEND schools.

[Click here to find out more about the scheme](#)

You can find [water safety resources which encourage a safe relationship with water which can be used in schools, community settings and at home here](#)



Puddleducks can deliver water safety talks to primary school aged children on how to stay safe in, on and around water. Please contact [Chloe Griffiths](#) to find out more and book a session in your school.

Water and Sun Safety This Summer

Safety warning after nine water-related deaths during heatwave



The Royal Life Saving Society (RLSS) issued a warning following the fatal incidents, most of which involved children, saying "warmer weather unfortunately sees an increase in accidental drownings". At least seven young people died in the water, the youngest being 12-years-old.

RLSS warned water temperatures remain very cold despite increased air temperatures, and cold water shock can make swimming difficult and harder to get out of the water.

A leading network for drowning prevention has recommended swimming in supervised locations with lifeguards where possible and entering the water slowly to reduce the risk of cold-water shock.

Cold-water shock is an involuntary physiological response when the body is suddenly immersed in water. It causes blood vessels in the skin to close, which increases blood flow resistance, and as a result forces the heart to work harder and causes blood pressure to increase.

Jim Bridge from Water Safety Partnership urged those who find themselves in difficulty in the water to "float to live". "So lie on your back with your head back, with your ears submerged, use your arms and legs to stabilise yourself and just let your breathing come back to a normal breathing pattern.

"And when you're feeling confident that you've gotten used to the water and your breathing's normal, you can shout for help or swim to save yourself."

Further Summer Water Safety Tips from the RLSS on the next page

Water and Sun Safety This Summer

Key messages to share with pupils, families and staff include:



- **Water temperatures remain very cold**, even when the air feels warm
- Sudden immersion can cause **cold-water shock**, making it difficult to swim or breathe

Water safety experts strongly recommend:

- Swimming in **supervised locations with lifeguards** where possible
- **Entering the water slowly** to reduce shock

Cold-water shock is a rapid, involuntary reaction that:

- Causes blood vessels to constrict
- Increases heart strain and blood pressure
- Can lead to panic and loss of control in the water

Life-saving advice: Float to Live

If someone gets into difficulty in water, the advice is clear:

Float to live – lie on your back, keep your head tilted back with ears submerged, and use your arms and legs to stay afloat while you regain control of your breathing.

Once breathing is steady, they can:

- Call for help
- Swim to safety

[Click here to see further Summer Water Safety Advice from the RLSS Water Safety Curriculum linked to water safety code](#)

FREE Emergency Water Safety Assembly from 1decision

Water Safety Assembly

17 lives lost.
Many of these
tragedies were
preventable.



The 20 minute, fully editable, assembly is for KS2 and early KS3 Pupils. Released in response to the heartbreaking news of recent drowning incidents this assembly is FREE for all schools in the hope of helping to prevent another tragic loss.

To access the assembly click here 10

Water and Sun Safety This Summer

Sun Safe Schools Accreditation



The Sun Safe Schools programme has been embedding sun safety in primary schools since 2012. Through a structured accreditation framework, it supports curriculum-linked learning, policy development, staff engagement and community awareness—aligning prevention with education and safeguarding standards. Built on best practice and over a decade of experience, the programme promotes a whole-school approach to sun safety and skin cancer prevention, supporting thousands of schools and reaching more than one million children and families nationwide.

Why sun safety matters

Children's skin is particularly sensitive and can be **easily damaged by the sun**, even when it does not feel especially hot. Teaching sun safety early helps pupils to:

- Develop lifelong **healthy habits**
- Understand the **risks of UV exposure**, including skin damage and skin cancer
- Make informed choices to **protect themselves now and in the future**

What's available?

Schools can access a wide range of **ready-to-use resources**, including:

- Over **40 PSHE lesson plans** (Reception to Year 6)
- **Classroom-ready PowerPoints**
- Worksheets and engaging pupil activities
- Assembly materials and Songs



SUN SAFETY RESOURCES FOR PRIMARY SCHOOLS

To watch the [promo video](#) [click here](#) or visit the [Sun Safe Schools website here](#).

Water and Sun Safety This Summer

Soltan's Bring Out The Sun Cream Song



New song to teach how to apply sun cream and enjoy the sun safely has been released By Boots with the help of TV presenter, Nigel Clarke. [Click here to see the video.](#)

Sun Safety Lesson Plans and Resources

The PSHE Association have Keeping safe in the sun and managing risk in the sun lesson plans and resources for Key Stage 1 and 2. featuring classroom ready powerpoints these resources cover key statutory health education content.



[You will need to be a member to log in to access them here](#)



[Sun Screen and Sun Safety Advice from the NHS](#)

[CBEEBIES tips for staying safe in the sun](#)



Safety in the sun



RSHE (PSHE)

Unit Staying safe and healthy: How can I check my body is healthy?



[Safety in the sun lesson slides from the Oak Academy for Secondary Schools/FE](#)

Join GHLL for our upcoming courses and meetings

See the following pages for further information of our upcoming courses including agendas for our Primary and Secondary/Colleges/FE PSHE Network Meetings and to book onto these FREE sessions



GHLL PSHE Network Meetings Thursday 11th June 2026

FREE EVENT FOR ALL
SCHOOLS, COLLEGES &
EDUCATION SETTINGS
IN GLOUCESTERSHIRE

Join us for our next PSHE Network Meetings. This includes a dedicated morning session for Primary settings, held in person at Dowty Sports & Social Club, followed by an after-school session for Secondary schools, Colleges and FE providers, held virtually.

Special and Alternative Provision settings are welcome to join whichever session suits best or both. Further information and agendas will be shared soon. See below for more details and to sign up.

Following the success of our previous PSHE Network Meetings, which received extremely positive feedback from attendees, these sessions continue to offer a valuable opportunity for PSHE leads to stay up to date with the latest guidance, resources and support for delivering a high-quality PSHE curriculum. Join us to:

- Stay informed about changes to the RSHE guidance coming into effect from September 2026
- Hear from guest speakers and partner organisations
- Network with colleagues from a wide range of education settings across Gloucestershire

**NEXT
WEEK!**

Primary Meeting

09:30-12:30
Dowty Sports & Social Club
Down Hatherley Lane,
Down Hatherley,
Gloucester,
GL2 9QH.

[Book your space now](#)

Feedback Highlights:

One of the best CPD sessions I've attended in a long time – relevant and current.

Having experts talk us through the guidance was incredibly helpful.

Clear, practical and reassuring guidance on the changes.

Secondary/College/FE Meeting

15:30-17:00
Virtual via TEAMS

[Book your space now](#)

Target Audience: Senior Leaders & PSHE Subject Leaders. Please email us at ghll@gloucestershire.gov.uk for further information

Primary PSHE Network Meeting Agenda

- **Positive Masculinity** led by **Laura Nott- The Lucy Faithfull Foundation**. Laura is the Schools Project Lead, where she heads the Everyone's Safer programme. A specialist in child protection, she works nationally with schools to prevent, manage, and respond to harmful sexual behaviour (HSB). Laura delivers training, supports policy development, and leads action-research projects that help schools build safer, more informed cultures for children.
- **Inclusion in the New OfSTED Framework including Fundamental British Values & Protected Characteristics**
- **School Nursing Team Updates**
- **Inclusion within Personal Development in our Recent Ofsted Inspection** by **Kirsti Ashman**, Headteacher at **Hesters Way Primary School**.
- **New Statutory RSHE: Updating your Policy and Parent Consultation**
- **Networking around helpful resources for new RSHE and Personal Safety content**

Secondary/Colleges/FE PSHE Network Meeting Agenda

- Hear from **Wendy Loades** of **Stop Loan Sharks** about the support available to schools and colleges, including FREE assemblies.
- **Alice Hendy** from **Ripple Suicide Prevention**. Alice is the founder of Ripple and will be speaking about their digital intervention tool that is free to install for schools, colleges and parents. It ensures help is provided for individuals conducting searches related to self harm and or suicide. Its focus is on a proactive intervention, bridging the gap between an individual in crisis and the help they require.
- **Are you refining your PSHE curriculum for the new academic year in line with statutory guidance?** Join us as the team shares a selection of their favourite free resources, designed to support delivery across key emerging topics.

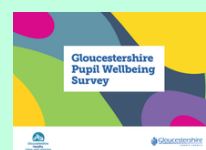
“Getting the most out of your PWS” Webinar

If your school or college has completed the 2026 Pupil Wellbeing Survey, you should have now received your results report. If you do not yet have them, please contact pws@gloucestershire.gov.uk. To help you understand your report, we will be running a series of twilight webinars- you only need to attend one. [Click here to book.](#)

This is aimed at any school or college staff (SLT, Personal Development/PSHE leads, Pastoral & Mental Health leads) involved in delivering the PWS or setting school/college wellbeing agendas. It is an opportunity to familiarise yourself with your PWS report, understand how to interpret your results and how they can be used in your setting.



Tuesday 9th June 3:30-4:15pm
Monday 15th June 3:45-4:30pm
Thursday 25th June 3:30-4:15pm



[View our full training calendar here](#)

Announcing the Winners of Our 2026 Intergenerational Coaster Design Competition



We received over 600 entries in our 'Design a Coaster Competition' and would like to say a HUGE thank you to everyone across our county's primary, secondary and FE settings who took part. Raising awareness of dementia, increasing understanding and building intergenerational links within our communities bring such positive outcomes for all involved, and we are delighted at the number of schools and colleges who value and celebrate this learning as part of their PSHE curriculum and Personal Development provision.



We were lucky enough to have a panel of expert judges who gave their time and consideration to look at all the wonderfully creative submissions we received:
Dr Jennifer Bute, retired GP living with dementia
Steve Shelley-King, Consultant Dementia Nurse/
Clinical Lead for Dementia
Mel Meller, Clinical Commissioning Manager for Dementia

Our primary winner was
Jada M,
Prestbury St. Mary's Junior School,
Cheltenham



Our secondary winner was
Ruby L,
Thomas Keble School,
Stroud



Announcing the Winners of Our 2026

Intergenerational Coaster Design

Competition



With so many great primary entrants, we also wanted to say an additional congratulations to our five runners up; the creativity and quality of the designs were remarkable.

Our runners up were:

Reuben E

The Richard Pate School



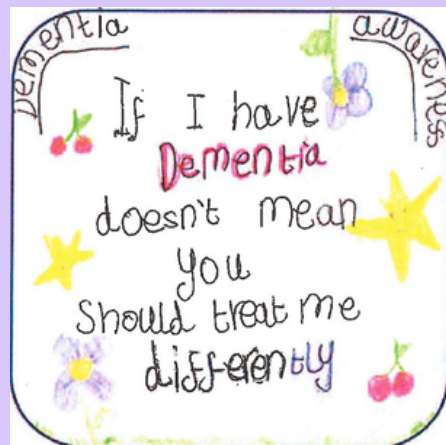
Rosie S

Lakeside Primary School



Alayna M

Berkhampstead School



Elsie R

Prestbury St Mary's Junior School



Ophelia B

The Richard Pate School



Announcing the Winners of Our 2026

Intergenerational Coaster Design

Competition



THANK YOU to all the schools who took part in our competition:

Primary

Gloucester Road Primary
St Thomas More Catholic Primary
The Richard Pate School
Lakeside Primary
Prestbury St Mary's Junior School
Berkhampstead School
Abbeymead Primary
Elmbridge Primary
Huntley C of E Primary
Down Ampney C of E Primary
Stow-on-the-Wold Primary

Secondary

Thomas Keble School
Five Acres High School

Further Education

Gloucestershire College, Cheltenham Campus
Gloucestershire College, Gloucester Campus
Gloucestershire College, Harbour House,

If you would like to find out more about integrating Intergenerational work, and raising your pupils' awareness and understanding of dementia, into your school's statutory RHE provision please do not hesitate to ask your

GHLL Lead Teacher

Click the links below to see
GHLL Dementia Resources:

[Primary resources](#)

[Secondary resources](#)



News

Information from SHE unit on play sand safety alert

You may have seen a recent alert shared locally regarding Play Sand. Gloucestershire County Council's Safety, Health and Environment Unit have shared the following reassurance and guidance:

We want to bring to your attention that our helpline and SHE Inbox have been inundated by concerned schools taking sand pits, long jump pits etc. out of use following GASBM sharing NAHT Urgent health and safety alert: play sand – immediate precautionary action required this morning. This alert instructs schools to notify their LA and stop using affected areas.

What the articles doesn't explain, and we have issued this advice to those schools who have contacted us, is that the current situation is based on UK government advice from the Office for Product Safety and Standards (OPSS) that some sand-containing consumer products have been found to contain asbestos and are being recalled. To date, these recalls have related to manufactured products such as coloured craft sand and sand used within toys and activity kits. There is currently no evidence from OPSS recall data that bulk loose sand used in sandpits has been identified as affected.

There is not yet a single national instruction specific to school sandpits. The OPSS advice relates to specific products, and there is currently no direction from DfE, HSE or UKHSA requiring all sandpits to be closed.

The precautionary advice being circulated via NAHT is an interim risk management approach while national investigations continue.

Where schools have information about their sand supply, we would advise they seek reassurance from suppliers regarding sourcing, testing and product safety documentation.



'Inclusion Matters: Learning From What Works' SEND and Inclusion Conference



£40
includes
lunch and
refreshments

Friday 19th June 2026

09:00 – 16:00

UoG City Campus, Gloucester, GL1 1AW

The University of Gloucestershire invite you to their 'Inclusion Matters: Learning From What Works' SEND and Inclusion Conference.

Aligned with the UK government's newly released White Paper; Every Child Achieving and Thriving and the English Inspection Framework (Ofsted) we invite you to secure a place on our transformative conference dedicated to empowering educators in their journey to effectively meet the diverse needs of pupils with Special Educational Needs and Disabilities (SEND), pupils managing complex lives and those from challenging and different backgrounds.

[To see the full poster and agenda for the day click here](#)

[To book a place click here](#)

Latest Teacher Bulletin from DofE

The teacher bulletin is delivered a couple of times each half term and this issue includes lots of information on exam season, contingency planning for disruption to exams, how to deal with exam stress and free targeted revision support for your pupils.

[Click here to read the latest edition](#)

[Click here to sign up](#)

News

Winstons Wish and Child Bereavement UK Unite as One Charity



Statement from Winston's Wish and Child Bereavement UK:

We have come together so that we can be there for more grieving children, young people and parents than ever before.

We are now one unified charity: Child Bereavement UK

Everything that made both organisations special will remain - our compassion, our expertise and our commitment to be here for you whenever you need us.

Now that our two organisations have joined together, we can do more – combining our decades of experience and resources to reach people who are grieving, helping them find hope, and supporting them as they rebuild their lives.

Our commitment to supporting bereaved young people and parents is exactly the same. We're here to help them find ways to cope and live with grief. Our support will always be expert, free, run by real people, and tailored to individual needs.

Please visit the [Child Bereavement UK website](#) for more information and support



The Youth-Led Grief Network

To find out more about “Talk Grief” a dedicated online space for grieving teenagers and young adults (13-25) [click here](#)

To find out more about their Ask Me education manifesto and bereavement plan [click here](#)





Chelsea's story: Alternative Provision
[Click here](#) to see the new video showing Chelsea's experience of coming to The Music Works through the alternative provision programme which works with young people in KS2-KS4 to create bespoke learning experiences tailored to their individual needs.

Applications are now open for Young Promoters Programme!

Young Promoters is a free 20-week programme for 16–25 year olds in Gloucestershire, giving you real hands-on experience.

Applications close 5 July 2026.

[Click here to find out more & apply.](#)



How we are helping kids stay active at school- New 'The Education Hub' Blog Post

Physical education and school sport are essential for supporting children and young people's physical and mental wellbeing, as well as building confidence, resilience and social skills. However, fewer than half are meeting the recommended 60 minutes of daily activity, with girls, pupils with SEND and those from disadvantaged backgrounds most affected. With 1 in 5 children leaving primary school living with obesity, the challenge is clear.

This article outlines how government is working with partners, including the Lawn Tennis Association and the Rugby Football Union, to increase opportunities for physical activity both in and beyond the school day.

Sex Education Forum response to “Growing up in the online word” Consultation

The Government’s public consultation on “*Growing up in the online world*” has now closed. Ahead of the publication of the findings, the Sex Education Forum (SEF) has released its response and accompanying guidance. While the consultation raises important questions about how best to support children and young people in today’s digital landscape, the SEF highlights that many of the challenges cannot be addressed by education alone, and that the full role education can play in supporting young people has yet to be fully realised.

[To read the article in full click here](#)



Free Online Learning on Understanding children and much more

Gloucestershire families: Build everyday emotional resilience!

Your free online learning. Big feelings, how the brain works, and relationship ideas for happier lives.

Gloucestershire County Council gives families free access to Togetherness resources to support wellbeing. For parents, carers, grandparents, and young people.

Learn from NHS clinical psychologists, practitioners, and other parents. The pathways will help you and your family understand and manage emotions in everyday life.

[Browse pathways](#)

Use the exclusive access code:

POTTER



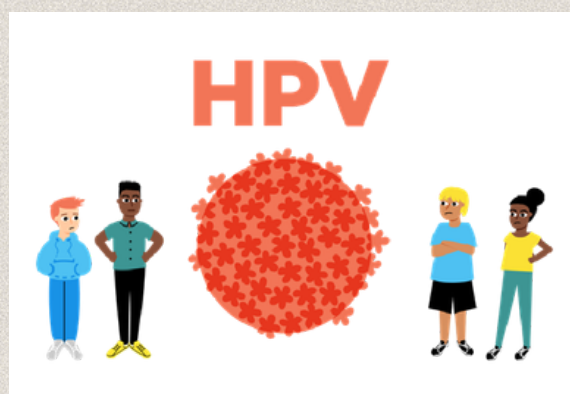
Best Start Family Hub Programme have purchased NHS Togetherness Multi-User Licenses for Gloucestershire.

This will allow professionals, parents and carers with a Gloucestershire Postcode free access to 16 online pathways to support topics such as Understanding your Child, Understanding your Child in a Changing World and Understanding Your Brain (for teenagers)

To access visit the [dedicated website here](#) and use the password POTTER. 22

Lessons on the HPV Vaccines

The latest version of the popular 'EDUCATE' lesson pack for KS3 about the HPV vaccine is available to download. Co-produced by young people and researchers from the University of Bristol and London School of Hygiene and Tropical Medicine, 'EDUCATE' will help you teach students about the human papillomavirus (HPV) vaccine and provide reassurance about receiving the vaccine- which is usually offered to teenagers at school as part of the national vaccination programme.



Most useful to be delivered to Year 8 students before they are offered the HPV vaccine, in line with guidance from the DoF that 'introduction of topics relating to vaccination and immunisation should be aligned with when vaccinations are offered to pupils'. However, other Key Stage 3 students may also benefit from having the opportunity to find out more about the process.

[Download the free PSHE Association - HPV Lesson Plan Here](#)

Pregnant Students & School Age Parents Updated Policy and documents



Gloucestershire Hospital Education Service have updated their policy and associated documents for the support of school-age parents and parents to be.

The useful guidance which can be found here also includes a wealth of information and support for pregnant students and school age parents/parents to be, parents of school age parents and professionals can be found [here](#)

Documents for professionals include a pregnant student risk assessment and TAC template

Remaining courses this year – book your space now!

June

Getting the most out of your PWS Webinar
9th June,
15:30 - 16:15
Virtual- TEAMS

EPS Trauma & Attachment Training
10th June,
9:30 - 12:30
at Dowty's

Primary PSHE Network Meeting
11th June,
09:30 - 12:30
at Dowty's

Secondary/ FE PSHE Network Meeting
11th June,
15:30 - 17:00
Virtual- TEAMS

Getting the most out of your PWS Webinar
15th June,
15:45 - 16:30
Virtual- TEAMS

Mental Health First Aid Youth Lite
16th June,
9:30 - 12:30
at Pavilion
Chelt ★

Mental Health First Aid Youth 2 Day
25th & 26th
June,
9:00 - 17:00
at Newent
Pavilion ★

Getting the most out of your PWS Webinar
25th June,
15:30 - 16:15
Virtual- TEAMS

July

Talkabout Trust: Talk about Ketamine and Vaping (Secondary/FE)
2nd July,
15:45 - 17:00
Virtual- TEAMS

Mental Health First Aid Youth Lite
3rd July
9:30 - 12:30
at Newent Pavilion ★

Click on the course titles to view further information and book your place.

All of our courses are free to attend, with the exception of our Mental Health First Aid (MHFA) courses, (marked with a ★) which carry a small fee.

Blue = Key Stage 1 & 2

Yellow = Key Stage 3 & 4

Green = All Key Stages

If you have any questions or need support accessing the courses, please contact us at ghll@gloucestershire.gov.uk.

THE PSHE PULSE

A GHLL BULLETIN



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We would love to hear from you
Contact us by...



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