Who we are and what we do



STREET Gloucestershire provides specialist domestic and teen relationship abuse support for young people aged 13-19 years old who:

- are experiencing or have experienced teenage relationship abuse
- have witnessed domestic abuse in the family home
- are displaying harmful behaviours in their close relationships*

* STREET group programmes provide early intervention to young people where there are concerns about unhealthy behaviour in their relationships and is not a perpetrator programme.

STREET provides a range of evidence-based group work programmes designed to support young people's understanding of domestic abuse and healthy relationships.

Our Young Persons Violence Advisor (YPVA) provides 1:1 support for young people currently experiencing abuse in their personal relationships.

STREET can provide advice and resources to professionals working with young people who are impacted by domestic abuse, and can support an identified lead professional to complete domestic abuse/healthy relationships work with a young person if this better suits the needs of the individual.







STREET GLOUCESTERSHIRE

Supporting healthy teenage relationships

STREET Gloucestershire

is commissioned by Gloucestershire County Council and works closely with Gloucestershire Domestic Abuse Support Service (GDASS).



Supporting healthy teenage relationships



Making a referral

For information on how to make a referral please visit:

- www.gdass.org.uk
- www.westmerciawomensaid.org
- www.glostakeastand.com

Alternatively you can call us for information on: **01452 726 584**

Anyone referring to the service must ensure that the young person and, if under 16 years old, their parent or guardian has consented.

If a young person is currently experiencing abuse from their partner or ex-partner please complete a Young Persons DASH and submit alongside the referral to STREET. This is available to download from the GDASS website, above.

If you suspect that a young person may be at risk of abuse then it is your responsibility to report these concerns to Gloucestershire's multi-agency safeguarding hub on **01452 426565** and follow Gloucestershire safeguarding procedures

Young Persons Violence Advisor (YPVA)

Our 1:1 support is for young people aged 13-19 who are currently experiencing domestic or teenage relationship abuse, who are considered high risk (aged 13-15) or medium risk (aged 16-19).

The YPVA will work alongside the young person and other professionals to create an individual safety and support plan, bringing a specialist understanding of the impact experiencing abuse can have on young people.

Group work programmes

CRUSH is a structured group programme for young people who are at risk of, or affected by, any form of domestic or teen relationship abuse whether it is witnessed, experienced or perpetrated – and is suitable for both young men and young women. The group runs for 6 to 8 weeks depending on the needs of the young people.

CRUSH has been externally evaluated as effective in helping young people to:

- avoid abusive relationships and give them the knowledge and tools on how to exit an abusive relationship safely
- better manage their exposure to domestic abuse within the home
- build healthy relationships
- understand gender-based bullying

CRUSH has been written and developed by West Mercia Women's Aid.





Recovery Toolkit

The Children and Young People's Recovery Toolkit is an evidence-based 8-week group programme for any young person that has witnessed or experienced domestic or teen relationship abuse. The group helps young people cope with and recover from the trauma of domestic abuse.

Young people must no longer be experiencing abuse or living with domestic abuse to be able to safely attend.

The Recovery Toolkit uses a combination of approaches including trauma informed resilience focused work, specific trauma focused cognitive behavioural therapy and person-centred therapeutic principles.

We understand that groups may not be suitable for some young people and, where we can, targeted 1:1 support will be offered.

If you are already working with a group of young people who would meet the criteria for CRUSH or The Recovery Toolkit we can arrange to work in partnership with you to deliver this in your setting.

To discuss further please contact: rebecca.twydell@wmwa.org.uk