

PSHE Leads' Bulletin

Issue 3: May 2020

A Message from GHLL

Dear All

I thought I would send a short Bulletin as we are approaching half term. We are moving to the next stage of managing the pandemic and while some of you will be returning to school in limited numbers in the next few weeks, for others it may not be until September. All schools will be returning eventually and we would like to remind you that GHLL are here to support you. We hope you have found our website and resources helpful www.ghll.org.uk especially our information on the [COVID-19 area](#).

We are continuing to run limited training (at the moment it is virtual); support Healthy Schools/ Colleges accreditation and the Mental Health Champion Award; advice and guidance on the new statutory Relationships, Health, and Sex Education; as well as advising on the PSHE curriculum for schools and colleges.

The current situation we find ourselves in does not follow the usual pattern of a school year with all of the annual cycle of events. Therefore to help primary schools we are offering the MOVE Transition survey for Year 6 pupils to complete (see below information). This will help to 'map and gap' where children need more support and enable a smoother transition into secondary school.

Finally please take some time to watch the Music Works 'Every Rainbow Drawn' video – GHLL are extremely proud to work closely with Ben O'Sullivan and other team members at the Music Works. Our children and young people in Gloucestershire are amazing and really inspire us during this difficult time.

As always the GHLL team are here to support you ghll@gloucestershire.gov.uk

Stay safe

Fiona

Post COVID-19 Return to School



GHLL have created a [new webpage](#) of resources, links and ideas to help schools returning following the lockdown. New content is added regularly.

Support a Safe & Successful Return to School using the SWAN Framework

This course is from Creative Education and delivered by Dr Pooky Knightsmith.

These videos and the accompanying discussion template aim to enable you to use the SWAN framework as a springboard for thinking about the return to school for children and adults.

S - safe

W - welcoming

A - all together

N – nurturing

[Register](#) for free access now.

Online Safety at Home



Thinkuknow are sending out fortnightly #OnlineSafetyAtHome

Emails with new home activity packs to share with teachers, parents and carers. Each pack contains simple 15-minute activities teachers and parents can do at home with their children using the Thinkuknow resources.

Resources available for ages 4-5, 5-7, 8-10, 11-13 and 14+

There are 5 activity packs which can be found on the [GHLL website](#).

Download your first pack [here](#).

Support for Parents



The Family Information Service is here for you!

They offer a free confidential advice line providing guidance and emotional support on any aspect of parenting and family life.

Services are available Mon – Fri 9am – 8pm and on Saturdays 10am – 6pm.

Call 0800 542 0202 (free), if we can't answer straight away, leave a message and they'll call back.

Email familyinfo@gloucestershire.gov.uk

Facebook Family Information Service – Gloucestershire.

Website www.glosfamiliesdirectory.org.uk



MOVES Survey – Year 6 Transition

GCC/GHLL are pleased to provide primary schools with the free MOVE Transition Survey for Years 6 children which goes live on the 1st June 2020.

It is a transition survey (pupil voice) just for Year 6s transitioning into year 7 which has been done by Foster & Brown (OPS) and approved by GAPH.

This will take children a maximum of 10mins to complete online and can be completed by the children at home, or at school (if they are present as a Key Worker child/vulnerable child.)

The survey is anonymous and can be completed on any electronic device e.g. Ipad, smart phone, laptop etc. Primary schools will receive their own report as well as a report going to the appropriate secondary school.

The questions are all around transition.

Schools need to sign up at:

Schools sign up via <https://gccopsmonitor.fabsurveys.co.uk/SchoolsAdmin/SchoolSignUpForm>

The themes are:

Thinking about moving into your new school next year, how do you feel about the following things?

- Making new friends
- New lessons
- School work
- Homework
- Having a new uniform
- Not seeing old friends every day
- Travelling to your new school
- Being in a large school
- Finding my way to different lessons
- New opportunities to learn and try new things
- School lunches
- Break times



What are you looking forward to about going to secondary school?

What, if anything are you particularly worried about or not looking forward to?

What help do you need, as you move onto secondary school

Once signed up, schools will be sent their unique log-in directly from GHLL. Schools can then send this out to their Year 6s to complete in their home or use the school login to complete in school.

'Every Rainbow Drawn'



An original song written and performed by young people across Gloucestershire. It's a way of saying thank you to doctors, nurses, supermarket workers and teachers – and to raise money for the NHS.

The entire piece was written, performed and recorded by the children and young people you see in the video, with a bit of production help from The Music Works.



For more information visit

<https://www.themusicworks.org.uk/contact-2/>

Kindness Calendar



Help children and young people learn about and carry out kind acts. Use the blank calendar to think of kind acts during the school holidays; there are some examples to get started.

<https://www.redcross.org.uk/get-involved/teaching-resources/kindness-calendar>

Get Active Get Healthy Worlds of Food



Explore how climate affects food from around the world with [free resources](#) for students aged 5-14.

Share your Experiences of Support For Children and Young People

Children and young people, parents, carers and health and social care professionals in Gloucestershire are being asked to share their experiences of mental health and wellbeing support to help improve future experiences for children and young people.

Feedback will be gathered via a series of surveys over a four-week period.

Following this, a report will be published sharing the feedback from patients, family and carers and healthcare professionals. This feedback campaign is part of the Trailblazer Programme, which involved the NHS in Gloucestershire successfully securing £5 million in funding to set up mental health support in schools and improve specialist children's mental health services.

Helen Ford, Programme Director for Children's Mental Health and Maternity at NHS Gloucestershire CCG said:

"We are determined to ensure that every child or young person in Gloucestershire is equipped with the right information and tools to support their mental health and wellbeing and that those who are identified as needing additional support, can access services that are appropriate to their needs in a timely manner. For full dialogue from Helen Ford [click here](#).

The [survey](#) should only take 10 minutes to complete, plus there are £100 Amazon vouchers up for grabs.