



“Children are more confident in lessons, they have developed new skills of how to deal with things, behavioural issues have improved, there has been a change in the school ethos.”
Head Teacher

Jigsaw, the mindful approach to PSHE, brings together all aspects of Personal, Social, Health and Economic Education (including RSE), emotional literacy, social skills and spiritual development in a lesson-a-week programme for Foundation 1 and 2 to Year 6.

Designed as a whole school approach, Jigsaw provides a comprehensive scheme of learning.

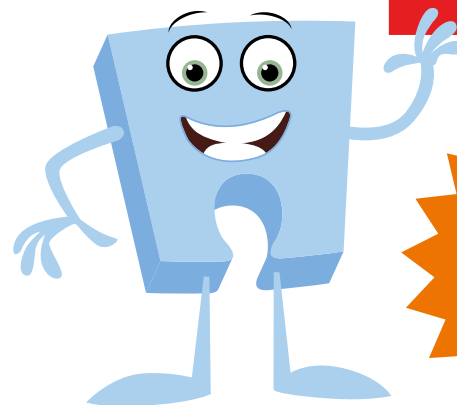
It includes fresh and original teaching/learning resources for every lesson, an assessment process (beyond levels!), music and songs, assemblies, Jigsaw chimes and the very special Jigsaw Friends (teaching aids for distancing and circle time). The whole programme is underpinned by mindfulness philosophy and practice and has a safeguarding strand woven throughout.

The whole school ethos and mindful approach are designed to impact on the emotional and mental health of the school community. To discuss how this could help you achieve the GHLL Mental Health Champions' Award and/or to receive a free USB inspection stick with sample materials and video clips explaining the programme, please contact Alison Harris, Jigsaw Manager for the South West of England, on alison@JLECT.co.uk or call Steve Arnold at Jigsaw HQ on +44 (0)1202 377193.

We invite you to browse the website www.jigsawpshe.com and to have a look at the independent impact study, 'Does Jigsaw work?' conducted in 2016 by the Sheffield Hallam University Centre for Education and Inclusion Research. 101 schools, 195 teachers and 812 children participated and we are proud of the results. www.jigsawpshe.com/does-jigsaw-work/



Jigsaw is
AWESOME!
Year 4 pupil



No
Licences
or annual
fees