



## Free Fully Funded Programmes to Support Young People and Families!

Dear Schools,

We're delighted to share that we've received funding to support your young people, parents, and carers in **Swindon, Wiltshire, and Gloucestershire**, and we'd love to work with you!

**Kidscape** is an award-winning charity, founded in 1985, with a mission to prevent bullying and transform lives. We provide practical help and emotional support to children and families across England and Wales, empowering them to face challenges with confidence and build brighter futures.

Our programmes include educational workshops, therapeutic support, and community outreach, all designed to raise awareness and offer real, practical solutions. By working closely with schools, families, and local communities, we aim to create safe, supportive environments where every child can thrive.

**Our vision:** A world where all children grow up in communities that are safe from bullying and harm.

**Our mission:** To provide practical support, training, and advice to challenge bullying and protect young lives.

### What's available to your school?

#### **Bullying Awareness Champions Programme (Years 5 & 6)**

Empowering young people to support one another, this workshop boosts confidence and teaches practical techniques for recognising and responding to bullying. Children will develop a strong sense of self and take on the Champion role within their school.

#### **Digital Safety for Parents and Carers**

This training helps parents and carers feel confident navigating the digital world with their children. Learn how to manage risks and explore the positive side of being online — safely and securely.

#### **ZAP in Schools Programme (Years 5 – 8)**

Our 90-minute classroom workshop helps children understand the difference between teasing and bullying, and the roles involved in bullying situations. They'll learn Kidscape's ZAP tools — practical techniques they can use to respond confidently and safely.

## Peer Mentoring Programme Training for School Staff

The programme is delivered as a 'Train the Trainer' model for school staff. Our Peer Mentoring programme for staff provides training, comprehensive resources, and additional support to assist school staff with implementing a sustainable programme based on the identified needs of their setting. The programme aims to enhance early intervention and prevention of low-level mental health, safeguarding and wellbeing issues amongst young people

To find out more or book a session, please email us at [sarah.lewis@kidscape.org.uk](mailto:sarah.lewis@kidscape.org.uk)

We look forward to working with you!

Warm wishes,

**The Kidscape Team**

