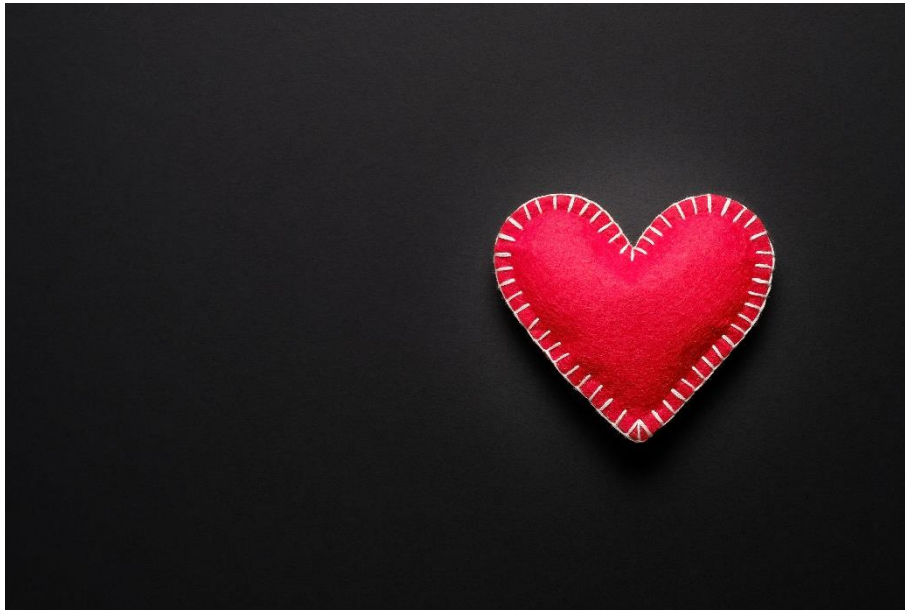


GHLL Bulletin

GHLL@gloucestershire.gov.uk



Preventing Infections

There are currently increased levels of measles circulating. MMR vaccination is the best form of defense against measles and has the added advantage of also preventing rubella and mumps. It is never too late to catch up. The MMR vaccine is free on the NHS, whatever your age. You can protect your community, **both staff and children**, by encouraging uptake of the MMR vaccine which can be accessed via GP surgeries.

[Measles - NHS \(www.nhs.uk\)](http://www.nhs.uk)

[What to do if you think your child has measles and when to keep them off school - The Education Hub \(blog.gov.uk\)](http://blog.gov.uk)

[MMR \(measles, mumps and rubella\) vaccine - NHS \(www.nhs.uk\)](http://www.nhs.uk)



Gloucestershire Healthy
Living and Learning

WHAT'S NEW

LOOK AT OUR WEBSITE

[Home : Gloucestershire Healthy Living and Learning \(ghll.org.uk\)](http://ghll.org.uk)

SEE OUR TRAINING

[Training : Gloucestershire Healthy Living and Learning \(ghll.org.uk\)](http://ghll.org.uk)

CATCH UP

View previous issues

[GHLL Bulletins : Gloucestershire Healthy Living and Learning](http://ghll.org.uk)

PSHE and RSHE

Periods

Brook are hosting another Big RSE lesson in partnership with Lil-Lets about periods. [Brook's RSE live lessons](#) are free, hour-long interactive live-stream broadcasts about different RSE topics. [Download the Periods handout](#)

What? A 60 minute live lesson about periods and puberty

Who? Year 6 and year 7 pupils

When? Thursday 7th March at 09:30

Spiral Curriculum

There has been much debate about RSE recently with some even calling for the introduction of age restrictions for RSE content. Brook are guided by young people and young people often tell us that their RSE lessons were 'too little too late'. So how do you know what to teach and when?

Following a spiral curriculum approach helps to map your RSE curriculum to the different stages of adolescence that young people navigate.

This means introducing a topic and then returning to it year after year and building on it with more detail as a young person develops and grows. Ideally, we would suggest doing this through regular, dedicated lessons.

[What is a spiral curriculum? Teaching about consent in a timely and relevant way on Vimeo](#)

GHLL Awards



Congratulations to the following schools for achieving accreditation:

Healthy Schools Award:

Glenfall Community Primary School

Mental Health Champions:

Alderman Knight

World Book Day



[World Book Day - World Book Day | World Book Day is a registered charity. Our mission is to give every child and young](#)

Inspecting teaching of the protected characteristics in schools

Last year, Ofsted released the following guidance on how they assess the teaching of protected characteristics in schools.

You can read the guidance by following the link below;

[Inspecting teaching of the protected characteristics in schools - GOV.UK \(www.gov.uk\)](#)