

HEY, FAMILIES OF GLOUCESTER!

JOIN OUR FREE HEALTHY LIFESTYLE COURSES TO MAKE HEALTHY HABITS
TOGETHER, AND HAVE FUN DOING IT!

St Barnabas Church, Stroud Rd, Gloucester GL1 5LJ

Tuesday 16:30 – 18:30

For 12 weeks from 19th September 2023

To be eligible for your place on this awesome free service, your family must live in Gloucestershire and include one child aged 7 – 12 who is above their ideal healthy weight.



Healthy eating



Fun activities



To sign up for your family's **FREE** place...



beezeebodies.com/families



01452 717262

or scan me with
your smartphone
camera

