

NSPCC Talk relationships Ages 11-12

Lesson 1 - Resource 1: Friends in conversation



Write below what the other characters might be thinking and feeling:

NSPCC Talk relationships Ages 11-12

Lesson 1 - Resource 2: Friendship scenarios

Friendship scenario 1

Libby and Alex have been best friends since nursery and are in the same class at school. They spend lots of time together outside of school too, often playing at the local park or doing arts and crafts at each other's homes. Recently, Libby has made friends with her new neighbour, Sunni. They both love computer games and spend most evenings playing together. Alex doesn't like computer games and he doesn't seem to like Sunni either. They get into arguments often. Now, Alex has stopped spending time with Libby if Sunni is going to be there. This is upsetting Libby; she just wants Alex and Sunni to be friends so they can all do fun things together but it's proving really tricky.



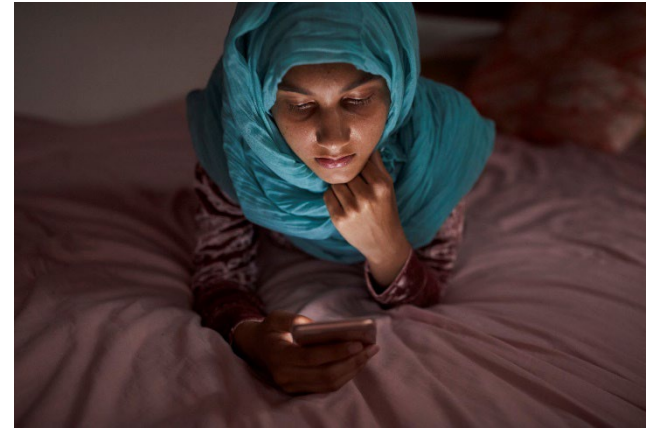
Friendship scenario 2

Chris and Dev are best friends, they always partner up in lessons for projects and play football or basketball together at lunch time. Recently, Dev has started hanging out with a big group of boys from their class and plays football with them all break time. Chris and Dev haven't been working on their project together either and Chris is feeling left out, especially because he isn't really friends with the other people in their class. Chris just wants him and Dev to go back to how it used to be.

NSPCC Talk relationships Ages 11-12

Friendship scenario 3

Naila and Robin are best friends, they live a couple of streets away from each other and went to the same primary school. Every morning they used to walk to school together and sometimes after school, they would go to Naila's home for snacks and games. Now they have started at different secondary schools – Robin's new school is up the road from where they live but Naila's is a long bus journey away. Before they started their new schools, they promised that they would keep in touch by texting and calling every day and meeting on the weekends. In the first few weeks, Naila texted and called Robin but Robin didn't reply and they haven't seen each other at all. Robin has been posting pictures of herself with a new group of friends with the hashtag #newBFFs. Naila is feeling really confused and left out.



Friendship scenario 4

When Callum started at his new afterschool club, he didn't know anyone but quickly made friends with Hamza who was also new to the club. They have a lot in common and get on really well. They've even planned to meet up over the weekend to go to the cinema together. However, after a few weeks, one of Hamza's friends from school has joined the same after school club. Now Hamza seems to be ignoring Callum and shrugged his shoulders when Callum asked Hamza if he was excited to be going to the cinema with him. Callum has also noticed Hamza and his friend looking over at Callum and giggling which has made him quite upset.

NSPCC Talk relationships Ages 11-12

Lesson 1 - Resource 3: Friendships – benefit or difficulty?

Situation	Benefit	Difficulty
Isla has moved to another city and can't see her old friends as often because the city is far away. Her new school is quite big and she has quickly made friends with many others in her class. Although she has interacted with a few online posts, she hasn't had a chance to catch up with her old friends properly and looking at the pictures is making her miss them more.		
Madison has met KC_2012 online when playing online games. They game together every day after school and on weekends. They talk about lots of things, not just gaming. Madison is really happy to be friends with KC_2012.		
Kamal has moved to a new area and has made friends with Sam at the local park. Sam usually comes to the park with his older cousins who make fun of Kamal. Kamal feels a bit nervous around them but still wants to hang out with Sam.		
Maya has started secondary school with three of her best friends. They are in the same classes and spend every lunch time together. However, they haven't got to know any of the others in their classes yet.		

NSPCC Talk relationships Ages 11-12

Lesson 1 - Resource 3a: Friendships – benefit or difficulty answer sheet

Situation	Benefit	Difficulty
Isla has moved to another city and can't see her old friends as often because the city is far away. Her new school is quite big and she has quickly made friends with others in her class. Although she has interacted with a few online posts, she hasn't had a chance to catch up with her old friends properly and looking at the pictures is making her miss them more.	<ul style="list-style-type: none"> Meeting new people. Different experiences. New opportunities at a new school. 	<ul style="list-style-type: none"> Missing her friends – and a feeling of missing out when she sees photos of them together. Losing touch with her old friends. Missing her previous school.
Madison has met KC_2021 online when playing online games. They game together every day after school and on weekends. They talk about lots of things, not just gaming. Madison is really happy to be friends with KC_2012.	<ul style="list-style-type: none"> Having someone to share gaming with all the time. Talking about things apart from gaming. 	<ul style="list-style-type: none"> Spending too much time online in place of other activities. Madison might not spend time with other friends or family. Only knows KC_2012 online so KC_2012 might not be who they say they are. Madison might share personal information (eg her school, where she lives) with KC_2012 but she only knows KC_2012 online, so this is dangerous.
Kamal has moved to a new area and has made friends with Sam at the local park. Sam usually comes to the park with his older cousins who make fun of Kamal. Kamal feels a bit nervous around them but still wants to hang out with Sam.	<ul style="list-style-type: none"> He's made a new friend quickly. There is someone to play with at the park. Sam and Kamal could become friends outside of the park too. 	<ul style="list-style-type: none"> Kamal might not be having much fun with Sam because of his older cousins. Kamal feels intimidated and bullied by Sam's cousins. Kamal only wants to play with Sam, but might not know what to say to him.
Maya has started secondary school with three of her best friends. They are in the same classes and spend every lunch time together. However, they haven't got to know any of the others in their classes yet.	<ul style="list-style-type: none"> Maya already knows others at a new school. She always has someone to spend time with during breaks. Maya can continue her friendships with her best friends. 	<ul style="list-style-type: none"> Might not make any other friends. Missing out on learning about other people.

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Lesson 1 - Resource 4 - Making new friends prompt

Stand and watch a game being played

Introduce yourself by telling them your name

Ask someone a question about their hobbies

Picking on someone to impress others and make them laugh

Ask to be their friend on social media

Only talk about your interests and not ask other people questions

Ask to join in with an online game

Smile at someone