























#### Lesson 2 - Resource 2: Tara and Armand's scenario

#### Tara

I had to wait ages for Armand to ask me out. My friend Katie said if I asked him out people might think I'm 'easy'. When we were hanging out last week I saw loads of girls on his social feed, he was a bit awkward about it, but he said they were just influencers, so not people he actually knew. I feel like he expects me to look like one of them though because he keeps making comments about my appearance.

Anyway, when we were kissing the other day, he started trying to put his hands on my body. I said I didn't want to do that, and he said to stop teasing. I had to get really serious with him before he stopped, he looked a bit surprised, but he backed off.

#### **Armand**

I just don't get where I'm getting things wrong with Tara. Everything I've seen on TV and in film makes me think that girls want boys to make the first move. She'd seemed really distracted recently and not so chatty, so I thought she might be thinking about seeing someone else. My mate Tyler said that it's because I hadn't made a move.

When I went to make a move though she didn't seem into it. I thought she was just being like the girls you see in shows who are just a bit shy at first, but then she got really annoyed with me. I don't get what's putting her off, I really like her and I'll be gutted if we break up. I don't really look like the guys in my social feed, so maybe she's just not as into me as I thought.





# Lesson 2 - Resource 2a: Strategy cards

Tara and Armand could break up.	Tara and Armand could talk to a trusted adult about their concerns and get some advice.
Armand could apologise for his actions towards Tara and find ways to show affection that respect Tara's personal boundaries.	Tara and Armand could have an honest conversation about what they're thinking and feeling about the relationship.
Tara and Armand could get in contact with a service like Childline on <b>0800 1111</b> or <b>childline.org.uk</b>	Tara could speak to a staff member at school about Armand's behaviour towards her.
Armand and Tara could challenge Katie and Tyler about their views.	Tara and Armand could visit Young Minds about their social media concerns at youngminds.org.uk
Tara and Armand could limit their social media use or could think about the kinds of accounts they follow and whether they might change these.	Tara and Armand could speak to a member of staff about having lessons about relationships in an earlier year group so other students feel more prepared.



