



Scientifically robust data

University-led health and wellbeing survey for Year 8 and 10 students, with researcher present in school to promote honest completion.



See how your school compares

Receive a clear, tailored infographic and full report for your school which includes benchmarking data for each health area to see how you compare against all participating schools.

Interventions & provision

Gain insight into existing health and well-being interventions, resources and policies that schools are using across the South West.

Sharing expertise with others

Connect with other secondary schools, universities, public health practitioners, and local authorities in the South West. Support professional development in your school.



Growing together

Be one of the schools in the South West championing health and well-being and help shape and inform the network as it grows.



Giving students a voice

We use student responses to identify key focus areas, plan interventions and engage the whole school in health and wellbeing provision.