



# Training with Let's Talk Well

**DO YOU WANT TO EQUIP  
YOUR STAFF?**

**WHY NOT UPSKILL YOUR  
TEAM?**

## Why not consider Level 2 & 3 Counselling Training with Let's Talk Well?

These qualifications lead to enhanced skills for those in support roles such as...

- Health
- Education
- Social care work
- Advocacy and mediation
- Support and other helping roles



This qualification will enable successful candidates to work as skilled helpers within a range of job and career opportunities!

Successful completion of Level 2 & 3 is the entry level for the Level 4 professional counselling qualification.

### Cover topics such as...

#### Level 2

- Understanding relationships
- Boundaries
- Empathy and challenging of empathy
- Blocks to listening & talking
- The structure of a helping session
- Difference and diversity e.g. stereotypes and prejudice

#### Level 3

- Depression
- Anxiety
- Grief and loss endings
- Self-harm and suicide
- Professional practice
- Self care



### Previous roles that have benefited

- Teaching Assistant
- Pastoral Roles
- School Nurses
- GP Receptionists
- Family Support Worker
- Mentors
- Anyone else directly involved with young people



These courses take place at Eastgate House, Eastgate Street,  
Gloucester, GL1 1PX on Wednesdays (during term time) 2pm to 8pm.



The cost of both courses is £2700.

To find out more,  
scan here

