

THE PSHE PULSE

A GHLL BULLETIN



Gloucestershire
Healthy
Living and Learning

Issue: Sept 2025



Back to School and College – a warm welcome to the start of the new academic year

There's always a buzz in the air this time of year as a new school/college year and term begins. For some of our children and young people, the new academic year will mark the start of an exciting milestone as they start in Reception, Year 7 or Further Education. This is a time filled with new opportunities for learning, growth, and discovery not only for our children and young people but also for all the teachers, lecturers and support staff. (I still get excited about new pens/highlighters and new notebooks 😊.)

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www.ghll.org.uk

ghll@gloucestershire.gov.uk

Welcome message continued from front page...

GHLL are excited to offer a wide range of training and support for schools and colleges throughout the academic year of 2025/2026 including key changes and updates on the new Statutory R(S)HE; we are running a session for primary schools in the morning and secondary schools in the afternoon (Specials and AP's are welcome to either as appropriate for your cohorts or both!) The day will be led by Jenny Fox Subject Specialist from the PSHE Association. [Click here for more details.](#) My team of GHLL teachers will be supporting and available to ensure you are ready to make the changes and be ready by September 2026 when everything must be fully in place.

It's vital that we remember education staff wellbeing - it is crucial for a productive and nurturing learning environment. It impacts on everything from productivity and staff retention to the mental health outcomes for students. Completing the Healthy Schools/College audit is the first step and part of the Whole School Approach which GHLL can support with as well as the Mental Health Champions Award. The self-review and action plan is based on Public Health England's guidance on promoting children and young people's emotional wellbeing (2015, 2021). For more information to get started or renew please contact ghll@gloucestershire.gov.uk

I do hope you enjoy this Bulletin which contains:

- Updates from GHLL and our Partner organisations
- Local and national updates relating to PSHE education
- News of current Healthy Schools/College projects and resources
- Case studies from Gloucestershire Schools
- Details of support, forthcoming training and network meetings

Best wishes Fiona and the GHLL team

GHLL Awards



The GHLL Healthy Schools and Mental Health Champions accreditation award scheme is designed to provide recognition for those schools/colleges – (primary, secondary, special, APS and FE), wishing to adopt a whole school approach to health and wellbeing and thereby provide opportunities for young people to make healthier choices.

It has been designed BY teachers FOR teachers in all educational settings to collate, showcase and celebrate policy and practice in relation to health and wellbeing.

In order to gain their GHLL award, schools/colleges need to complete the GHLL Review of the health and wellbeing provision, policy and practice in their school/colleges and also a minimum of two interventions. The Review is also a great way to audit the current provision in an educational setting.

Healthy Schools Award



The GHLL Review is an online audit of your setting's health and wellbeing provision and is divided into six sections:

- School Ethos
- Teaching & Learning
- Healthy Eating
- Physical Health
- Emotional Health and Wellbeing
- SMSC

Once your review is completed, along with two interventions, you can submit for your Healthy School Award (or reaccreditation) with the support of your GHLL Lead Teacher

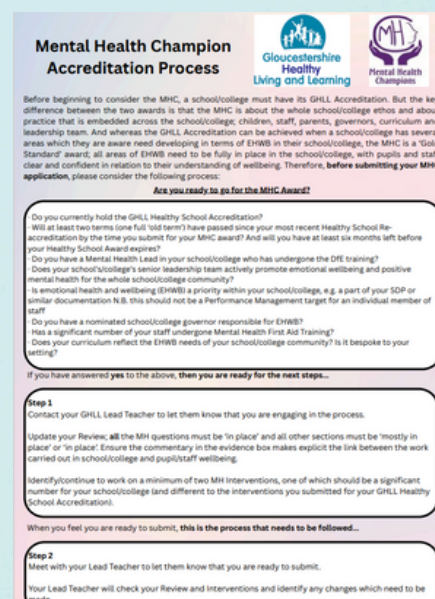
Mental Health Champions Award

The Mental Health Champions Award has been created to acknowledge the high quality provision that some schools make to support the mental health and wellbeing of their school community. Good schools have always understood the link between good mental health and achievement. Great schools have also understood the importance of staff mental health and wellbeing in this equation.



If you would like to find out more or embark on working towards your Healthy Schools or Mental Health Champions Award please see our [website for further information on the process](#) and/or [email us](#) so we can put you in contact with your schools GHLL Lead Teacher who will be able to support you every step of the way,

[Click Here to View the MHC Accreditation Process](#)



Submission Dates for 2025-2026

Healthy Schools/Colleges Award

Wednesday 26th November 2025

Wednesday 11th March 2026

Wednesday 17th June 2026

Mental Health Champions Award

Wednesday 14th January 2026

Wednesday 10th June 2026

2025 / 2026 Dates

September 2025:

- 10th - World Suicide Prevention Day
- 12th - End Digital Poverty Day
- 13th - World First Aid Day
- 15th - Int. Day of Democracy
- 19th - Youth Mental Health Day
- 21st - Int. Day of Peace
- 22nd - Autumn Equinox
- 22nd - Recycling Week begins
- 26th - European Day of Languages



October 2025:

ADHD Awareness Month

Black History Month

- 10th - World Mental Health Day
- 11th - Hate Crime Awareness Week begins
- 16th - World Values Day
- 16th - World Food Day
- 20th - Diwali
- 31st - Halloween



November 2025:

Islamophobia Awareness Month
Movember

- 5th - Bonfire Night
- 11th - Armistice Day
- 10th - Anti Bullying Week begins
- 13th - World Kindness Day
- 16th - Road Safety Week begins
- 19th - Int. Men's Day



December 2025:

- 1st - World AIDS Day
- 2nd - Int. Day for the Abolition of Slavery
- 2nd - Grief Awareness Week begins
- 3rd - Int. Day of People with Disabilities
- 10th - Human Rights Day
- 11th - Christmas Jumper Day 2025
- 14th - Hanukkah begins
- 21st - Winter Solstice
- 25th - Christmas
- 31st - Hogmanay



January 2026:

- 24th - Int. Day of Education
- 25th - Burns Night
- 27th - Holocaust Memorial Day



February 2026:

LGBT+ History Month

Children's Sleep Awareness Month

- 5th - Time to Talk Day
- 9th - Children's Mental Health Week begins
- 10th - Safer Internet Day
- 11th - Int. Day of Women in Science
- 17th - Lunar New Year
- 17th - Ramadan begins



March 2026:

Women's History Month

- 1st - Self Injury Awareness Day
- 3rd - World Wildlife Day
- 5th - World Book Day 2025
- 8th - Int. Women's Day (IWD)
- 16th - Neurodiversity Celebration Week begins
- 19th - Eid Al-Fitr begins
- 20th - Int. Day of Happiness
- 20th - Spring Equinox



April 2026:

Stress Awareness Month

- 1st - Passover begins
- 2nd - UN World Autism Day
- 5th - Easter
- 7th - World Health Day
- 14th - Sikh New Year
- 22nd - Earth Day
- 22nd - Stephen Lawrence Day



May 2026:

- 11th - Mental Health Awareness Week begins
- 21st - World Meditation Day



June 2026:

Pride Month

Gypsy, Roma and Traveller History Month

- 1st - Volunteers' Week begins
- 8th - World Oceans Day
- 14th - World Blood Donor Day
- 15th - National School Sports Week begins
- 20th - World Refugee Day
- 21st - Summer Solstice
- 21st - World Music Day
- 22nd - Windrush Day
- 25th - RSE Day



July 2026:

- 18th - Nelson Mandela Day
- 18th - South Asian Heritage Month begins
- 25th - World Drowning Day
- 30th - Int. Day of Friendship
- 30th - Day Against Human Trafficking



FREE EVENT FOR ALL SCHOOLS IN GLOUCESTERSHIRE

GHLL's First PSHE Network Meeting

"New Statutory RSHE Guidance 2025: What You Need to Know"

Thursday 20th November 2025

Target Audience: Senior Leaders and PSHE Subject Leaders



Hatherley Manor,
Down Hatherley Lane
Gloucester
GL2 9QA



By September 2026 all schools will need to teach in line with the new RSHE statutory guidance. These sessions will help practitioners get to grips with the key changes for schools and gain practical advice on how to integrate these into their existing curriculum. Amongst other changes, the new guidance for **primary schools** puts additional emphasis on supporting mental health and includes risks around financial harms including the addictive nature of gambling, as well as addressing safeguarding risks linked to technology. The morning session aims to support practitioners build confidence in planning and delivering this new content. For **secondary schools**, the new guidance places greater emphasis on complex and sensitive topics such as misogyny, the impact of pornography, deep fakes and artificial intelligence. The afternoon session aims to enable practitioners to build confidence in planning and delivering this new content. **Special Schools and Alternative Provision Settings** may choose to attend either session, or both, as appropriate.

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9:00 - 12:00 - Primary Schools

- Explore the new statutory requirements for RSHE and what these mean for your school
- Review policy and curriculum adaptations in light of new content and requirements
- Build confidence in effective relationships with parents

Book your FREE place now

13:00 - 16:00 - Secondary Schools

- Explore the new statutory requirements for RSHE and what these mean for your school
- Review policy and curriculum adaptations in light of new content and requirements
- Build confidence in teaching about emerging sensitive issues on the curriculum

Book your FREE place now

Speaker Bio

GHLL's first PSHE Network Meeting is being delivered by the PSHE Association's Senior Subject Expert, Jenny Fox. [Click here for full bio.](#)



Gloucestershire Health Living and Learning

GHLL are excited to be funding this CPD opportunity for all schools in the county, to support school leaders and PSHE subject leaders in ensuring their RSHE curriculum is brought in line with statutory requirements, and their whole school approach to health and wellbeing is robust and safe. Your school's GHLL Lead Teacher will be in attendance during the day and will be available to talk to you and arrange further visits to your school throughout the academic year as you bring your provision in line with the new statutory guidance.

Please email us at ghll@gloucestershire.gov.uk for further information

FREE EVENT FOR ALL SCHOOLS IN GLOUCESTERSHIRE

GHLL's First PSHE Network Meeting

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**Hatherley Manor,
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GL2 9QA**



Speaker Bio

Jenny is a Senior Subject Specialist at the PSHE Association, working closely with the Director of Education to lead the Subject Specialist team. She has taught PSHE education since qualifying in 2009 and was previously the Team Leader for PSHE and Citizenship in two London schools, roles which included introducing a new PSHE programme of study and co-ordinating the student council.

Since joining the PSHE Association, she has worked with a range of agencies, from the NSPCC, to the Home Office, and Department for Education, developing materials that support schools to deliver highly effective and safe PSHE education.

Jenny has also completed a Masters in Teaching and Learning. She is passionate about inclusive education for all and has led young people's LGBT groups in both of her previous schools – empowering them to campaign for their rights and challenge discrimination. She believes that PSHE education is crucial to equipping young people with the skills they need to navigate safe, healthy and happy lives.

To find out more and book a space [click here](#) or email us at ghll@gloucestershire.gov.uk

WORDS MATTER REPORTING GUIDELINES

The OPCC, Gloucestershire Constabulary and not for profit organisation 'This Ends Now' have released "Words Matter Reporting Guidelines" for police communicators reporting on instances of male violence against women and girls in order to reduce victim blaming and misogyny. Victim blaming language contributes to a culture of normalising this and changing the language used places the responsibility on the perpetrator and naming the crime accurately. Although written for Police communicators the guidelines are helpful for all to reflect on the language we ourselves use around crimes and VAWG.

Please see here to access the full guidelines.



Sexual Health Week 15th–21st September

This year's theme is "Chronically Online" exploring how the digital world is impacting on attitudes and behaviours around Sex and Relationships. Check out Brook's campaign toolkit and sign up for their Big RSE Lesson, a 60 minute live lesson for free, aimed at year 9 and above, on the 16th Sept at 10am.

Schools in Gloucestershire taking part in toothbrushing project to reduce decay in children.



Read the full [BBC article](#) which includes a testimony from Bream Primary School

Keeping Children Safe in Education 2025

The Department of Education released the following information document in July pending publication of the final version which comes into force in September 2025.

[Keeping Children Safe in Education 2025](#)

[Statutory Guidance for Schools and Colleges July 2025](#)



In a Nutshell: Updates to the Statutory RSHE Curriculum Guidance for Schools 2025

In July 2025, the DfE published the new, updated statutory guidance on RSHE Relationships Education, Relationships and Sex Education and Health Education guidance, replacing the original 2019 document. Schools will have until September 2026 to adapt their curriculum to reflect the updated requirements. They can start following the new guidance before Sept 2026 if they wish to and if they are properly prepared but, importantly, this new guidance does not become compulsory for schools to adopt until 1st September 2026. Until then schools are still legally bound by the 2019 statutory guidance. The structure of the guidance is similar to the 2019 document, and we are pleased to see there are no age-limits (as suggested in the draft document) so entrusting teachers to employ their expertise to deliver a bespoke, age/stage appropriate curriculum to their pupils, carefully sequenced in terms of skills and knowledge progression. Leaders should enable staff to make informed decisions through high-quality training, planning, and access to reliable resources.

Regarding content change, the headlines are:

- **Misogyny and violence against women and girls** are given a stronger focus. Under the five strands of the primary relationships curriculum there is a focus on children having the right to feel safe and happy, to be kind, and to understand that resorting to violence is never acceptable. This is continued into the secondary curriculum where there is a greater emphasis on misogyny, violence against women and girls and related factors, including the negative impact of pornography, in line with government priorities and widespread safeguarding concerns about these issues.
- **A new Personal Safety strand** has been added to the previous eight strands of the Health and Wellbeing curriculum (previously Health). This is new content and includes learning about managing risk around roads, railways, water and public spaces.
- Under the General Wellbeing (previously Mental Wellbeing) strand of the Health and Wellbeing curriculum, there is **additional emphasis on supporting mental health**, including specific mention of areas such as grief and loss.
- There is **more detail in the content to be delivered under the Wellbeing Online** strand (Health and Wellbeing curriculum), including pupils learning about risk relating to online gaming, video game monetisation, scams, fraud and other financial harms, as well as exploring the addictive element of gaming.

Continued...

Headlines Continued...

- **Safeguarding risks linked to technology** are addressed, with financial exploitation now considered in the guidance as a safeguarding issue, reinforcing the need to include finance education within schools' wider PSHE/RSHE provision. Whilst any statutory requirement to deliver economic education has not been introduced, there is hope it may be addressed when the DfE curriculum and assessment review recommendations are published in this next academic year. Furthermore, the document acknowledges online risks such as AI-generated deepfakes, harmful online influencers and toxic digital subcultures, whilst also giving a greater focus on the harmful nature of pornographic materials.
- **Diverse family structures** have been identified as something schools must be acknowledging and celebrating. Schools are advised to be inclusive and responsive to the full range of family contexts, including single-parent households, same-sex parents, kinship carers, foster and adoptive families.
- **Vaping and other nicotine products** have been added to the drugs strand within Health and Wellbeing curriculum, with the strand now entitled Drugs, Alcohol, Tobacco and Vaping.
- **Specific guidance is set out around language** to be used, and taught, when delivering the strand on Developing Bodies (previously Changing Adolescent Bodies)

Other points to note:

- There is a very clear message about the importance of starting RSHE lessons early in primary schools.
- Schools must avoid language and activities which repeat or enforce gender stereotypes. A factual approach is stressed in relation to biological sex and gender reassignment. Teachers must not take a particular view.
- There is a new set of Guiding Principles (pg5) which puts pupil engagement top of the list, followed by parent engagement as well as other key principles for schools, including ensuring a Whole School Approach to RSHE.
- Transparency with parents/carers remains a key principle. Clear communication and engagement with parents/carers are essential, in order to update them on the shifts in RSHE provision which might not be obvious from school policy, and to support a partnership approach to RSHE. The DfE published an article for parents around the changes: [New RSHE guidance: what parents need to know – The Education Hub](#)
- The importance of establishing safe, supportive classroom environments in which to deliver RSHE topics and respond to sensitive questions safely is reaffirmed. The document includes guidance on best practice delivery, such as the use of distancing techniques and clearly advises against shock tactics and overly graphic content.

Continued on next page....

In a Nutshell: Updates to the Statutory RSHE Curriculum Guidance for Schools 2025

Other points to note continued...

- Whilst there is very little detail in the document around adapting curriculum content to meet the needs of SEND learners, there is still a clear expectation that schools must do this.
- Some of the new requirements will naturally require curriculum content updates, and subject leaders in primary and secondary settings should review current provision to ensure coverage. Leaders should also consider how new themes are linked across the wider curriculum and ensure staff have access to appropriate teaching resources.
- Some of the terminology has changed, particularly within the subheading of the strands.
- The document recognises the need for staff training. The DfE have spoken of their intention to provide a ring-fenced training budget in the year ahead; watch this space. In the meantime, GHLL will support school within Gloucestershire and provide training for school leaders and PSHE leads.

Next Steps:

- Familiarise yourself, and all school leaders including Governors, with the new 2025 statutory RSHE Guidance
- Audit your setting's PSHE/RSHE curriculum to 'map and gap' your current provision against the new statutory guidance
- Update planning documents, lesson plans and resources in preparation for implementation from September 2026.
- Review and update your school RSE and PSHE policies, in order to ensure they meet the new curriculum requirements and policy guidance, as well as the specific needs of your school. Be very clear on where sex education begins for your pupils and what is covered, based on what is definitively required within both Health and Relationships Education. Ensure this review process involves staff, parent and pupil voice.
- Consider training needs to support staff confidence and ability to provide high quality, evidence-based teaching.

GHLL's first PSHE Network Meeting is being held on Thursday 20th November at Hatherley Manor. The session "**New Statutory RSHE Guidance 2025: What You Need to Know**" is being delivered by the PSHE Subject Expert, Jenny Fox, from the PSHE Association. This event is **FREE** for schools to attend- [TO FIND OUT MORE & SIGN UP HERE.](#)

For any questions, further information, or support around executing these changes in your school, please don't hesitate to contact your GHLL Lead Teacher by emailing us at ghll@gloucestershire.gov.uk, and/or visit our website www.ghll.org.uk
Nicky Witcomb, GHLL Lead Teacher

Self Harm e-learning for Schools and Colleges

This Free, Introduction to Self Harm in Schools, e-learning module: “Supportive Response to Self Harm” is designed to give school staff the essential knowledge and skills they need to offer a supportive response to students who self-harm.

To access the e-learning [click here](#). If your school name is not listed, type Other organisation in order to complete it.

Back to school: Tips to help your child feel prepared and supported from The Education Hub

The Education Hub have produced the following tips to help children feel prepared and supported with the return to school.

Click the picture below to be taken to the full article.



New Lumi Nova Club Resources



Check out the [new Lumi Nova Club Package Resources](#) containing all you need to set up and run a Lumi Nova Club including Parent / Carer Permission Form, Club Guide and Activity Sheets.

Click the links below to access:

[Lumi Nova Activity Sheets](#)

[Lumi Nova Club Discussion Slides](#)

[Lumi Nova Club Guide \(read me first\)](#)

[Lumi Nova Club Parent Carer Permission Form](#)

[Luminaut Self-Reflection Log](#)

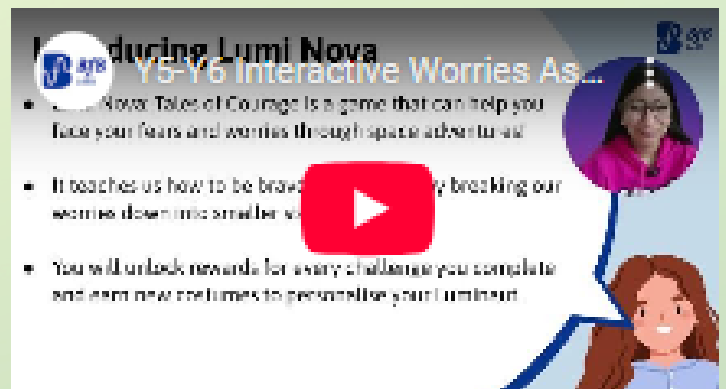
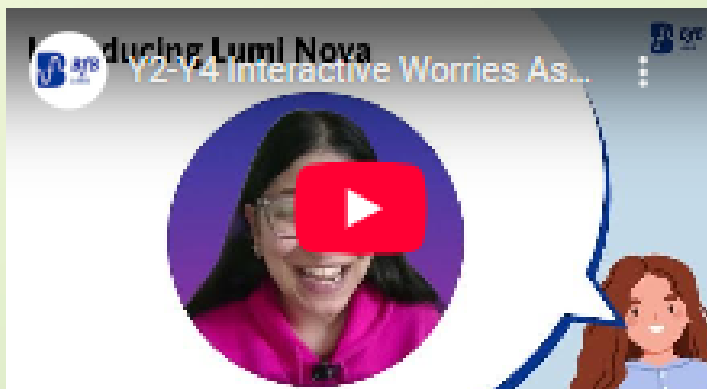
Session type	Setup / equipment	Delivery time	Student numbers	Target audience
Weekly Club	Parental consent (template provided). Access to tablets Optional: display screen for discussion points & printing facilities for activity sheets & feedback forms (included)	6 x weekly 1 hour session	10-15 students (per term)	Students needing support with fears and worries

Lumi Nova Interactive Assembly



There is also a new Interactive Assembly, to use with young people, to learn about worries and how to build resilience. This short, pre-recorded assembly style video, is quick and simple to deliver, as well as being interactive through out. You can pause to allow for discussions in pairs or groups and can be delivered in a class-room or assembly setting.

Check out the Interactive Assembly Guide for further information and to access the videos here.
Or watch the Y2-Y4 or Y5-Y6 Videos below.



Free Webinar for Education Staff



How to stay well when the work's never done

Coram Life Education are inviting you to join them for a practical and empowering webinar designed specifically for those working in education.

In collaboration with Education Support, this expert-led session offers realistic, evidence-based strategies to help you build resilience, manage stress, and protect your wellbeing in a demanding professional environment.

What to Expect:

- Insights from mental health experts who understand the realities of education
- Tailored content addressing the unique pressures of the sector
- Immediately applicable tools and strategies

This free webinar will take place on Thursday 9 October at 4.00-5.15pm.

[Click here to book a space.](#)

Support and Services



For Young Mind Matters (YMM) schools, Young Minds Matter Gloucestershire have released the following Information Forms for Primary and Secondary schools on their Whole School Approach Offer. Click either image below to see the whole document and offer.



Whole School Approach

Primary Schools: 2025/26

Children & Young People

- Getting to know Anxiety
- All about Emotions
- Looking after Your Wellbeing
- Coping with Change (Transition)
- Coping with Stress
- Coping with Anxiety from Tests
- Friendships & Big Emotions



Assemblies

Provides an overview of the topic.
10-20 mins
No max no. of pupils
Split by Key Stage

Class Workshops

More in depth discussion with group activities and individual worksheets.
45 mins - 1 hour
Max of 30 per group

Small Groups

Similar to workshops but greater discussion due to smaller number of pupils.
45 mins - 1 hour
Max of 10 per group

Staff Training

- Working with Young Minds Matter
- Supporting Children with their Mental Health in Schools
- Language that Cares
- Writing a Good Referral



Parents & Carers

- Parents Evenings
- Coffee Mornings
- School Community Events (e.g. Sports Day)
- Parent/Carer Talks (Topics to be confirmed over Summer Holidays)



Advice & Signposting

- We are able to offer advice & signposting around your school's Whole School Approach in our Consultations. Please speak to your Aligned Practitioner for further information.
- You can also find lots of further training, support and advice via GHLL: www.ghll.org.uk.



 0300 421 4688  camhsschoolsymm@ghc.nhs.uk (for professionals only)



Whole School Approach

Secondary Schools & Colleges: 2025/26

Psychoeducation for Young People

- Anxiety
- Exam Stress
- Understanding Emotions
- Boosting Your Mood
- Self-Esteem
- Transition
- Looking after Your Wellbeing
- What is Young Minds Matter



The above topics could be delivered as:

Assemblies

Provides an overview of the topic.
10-20 mins
No max no. of pupils
One Year Group

Workshops

More in depth discussion with group activities and individual worksheets.
45 mins - 1 hour
Max of 30 per group

Small Groups

Similar to workshops but greater discussion due to smaller number of pupils.
45 mins - 1 hour
Max of 10 per group

Pop-Ups

- YMM Chat Stand (lunchtimes/open evenings)

Staff Training

- Working with Young Minds Matter
- Supporting Young People with their Mental Health in School
- Language that Cares
- Writing a Good Referral



Parents & Carers

- Parents Evenings
- School Community Events (e.g. Open Days/Evenings)
- Parent Talks (topics to be confirmed)



Advice & Signposting

- We are able to offer advice & signposting around your school's Whole School Approach in our Consultations. Please speak to your Aligned Practitioner for further information.
- You can also find lots of further training, support and advice via GHLL: www.ghll.org.uk.



 0300 421 4688  camhsschoolsymm@ghc.nhs.uk (for professionals only)

Support and Services

Education Safeguarding Leads visits to MASH

MASH welcomes visits from Safeguarding leads from all Gloucestershire Education Settings (including Early Years and Post-16) to visit their office and see them and the work they do in action.

Places are limited and will be offered on a first come, first served basis (See how to book below). All places must be booked beforehand and are limited to a maximum of 2 from each setting per visit.

The dates for the visits this academic year (2025/26) are:

Thursday 2-3pm

18/9/25

16/10/25

20/11/25

22/1/26

26/2/26

26/3/26

23/4/26

14/5/26

25/6/26

9/7/26

To book your place complete this [form](#).

N.B: The MASH will be moving from Shire Hall, Westgate St, Gloucester to Waterwells / Quedgeley. Date to be confirmed!

Please make sure you have received confirmation of your booking before you turn up for your visit!

Beyond Boundaries: Respect, Safety & Digital Wellbeing (Secondary) One Day Course - 27th November 2025

at Dowty Sports and Social Club, Down Hatherley Lane, Glos

From September 2026, the updated RSHE statutory guidance comes into force.
Are your staff confident and ready to deliver it?

We're offering a FREE, one-day training course designed to upskill your team and boost confidence in tackling some of the most pressing issues facing young people today.

The course is built around three powerful modules:

IT'S MORE THAN JUST BANTER! SEXUAL HARASSMENT 09:15–10:45

BACK BY POPULAR DEMAND AFTER LAST YEAR'S SUCCESS. THIS SESSION EXPLORES SEXUAL HARASSMENT, MISOGYNY, INCEL MOVEMENT AND NAVIGATING THE TOXIC DIGITAL SUBCULTURE, WITH PRACTICAL STRATEGIES FOR ADDRESSING THESE ISSUES IN EDUCATIONAL SETTINGS

**IT'S MORE THAN
JUST BANTER!**



BEYOND THE SCROLL: PROTECTING AGAINST DIGITAL HARM 11:15–12:45

DELIVERED IN COLLABORATION WITH GLOUCESTERSHIRE POLICE AND GHLL, THIS MODULE COVERS SAFEGUARDING RISKS IN GAMING AND APPS, SPOTTING AI DEEPPAKES AND FINANCIAL EXPLOITATION— WITH CLEARWAYS TO BRING THESE TOPICS INTO YOUR CURRICULUM.



**Gloucestershire
Constabulary**

SHAPING RESPECT: RESPONDING TO VIOLENCE & HARMFUL INFLUENCES 13:30–15:00

EXPLORE GENDER-BASED VIOLENCE, TOXIC ONLINE INFLUENCERS, DOMESTIC ABUSE, COERCIVE CONTROL, AND THE IMPACT OF PORNOGRAPHY, WITH GUIDANCE ON HOW TO RESPOND EFFECTIVELY IN YOUR SETTING.



To book a place please [click here](#) on [email us](#) confirming whether you would like to attend full day or which individual modules

GHLL Upcoming Training 2025-2026



All of our courses (except Mental Health First Aid, which now has a minimal cost to cover the physical manual delegates receive) are **Free**. Please click the title, on the left side for more details and the Book button on the right if you would like to book a space.

Please get in contact with any queries or if we can help you access the courses at ghll@gloucestershire.gov.uk

Courses	Dates & Location	Book
<u>Mental Health First Aid Youth 2 Day</u> 09:00-17:00	Weds 1 st & Thurs 2 nd October, The Pavilion, Up Hatherley Lane, Chelt Please note: there is now a £31 fee to cover the cost of the MHFA Manual delegates receive	Book
<u>British Values and Protected Characteristics in Primary Education</u> 09:00-15:30	Thurs 9th October, Dowty Sports & Social Club, Down Hatherley Lane, Gloucester, GL2 9QH	Book
<u>Self Harm Awareness</u> (YMM Schools only) 09:30-16:00	Tues 4th November, Newent Community Pavilion, Newent, GL18 1QA	Book
<u>Mental Health First Aid Youth 2 Day</u> 09:00-17:00	Tues 18 th & Weds 19 th November, Painswick RFC, Broadham Fields Painswick Please note: there is now a £31 fee to cover the cost of the MHFA Manual delegates receive	Book

GHLL Upcoming Training

2025-2026



To view our Training Calendar on the website, [click here](#).

If you are a Young Minds Matter (YMM) setting please check out this [YMM Training Calendar](#) also. This is updated regularly so do check back or [sign up](#) for our Training Alerts to receive information on newly added courses and reminders.

Courses	Dates & Location	Book
<u>PSHE Network Meeting- Primary</u> 09:00-12:00	Thur 20 th November- Hatherley Manor Hotel, Down Hatherley Lane, Gloucester, GL2 9QA	Book
<u>PSHE Network Meeting-Secondary</u> 13:00-16:00	Thur 20 th November- Hatherley Manor Hotel, Down Hatherley Lane, Gloucester, GL2 9QA	Book
<u>Mental Health First Aid Lite</u> 09:30-12:30	Tues 2nd December, Colwell Arts Centre, Derby Road, Gloucester, GL1 4AD <div>Please note: there is now a £16 fee to cover the cost of the MHFA Manual delegates receive</div>	Book
<u>Staff Wellbeing Training</u> 09:30-12:30	Weds 14 th January 2026, The Pavilion, Hatherley Lane, Cheltenham, GL51 6PN	Book
<u>Trusted Emotionally Available Adult</u> 09:00-12:30	Thurs 22 nd January 2026, Colwell Arts Centre, Derby Road, Glos, GL1 4AD	Book


THE PHSE PULSE


A GHLL BULLETIN



We would love to hear from you
Contact us by...

 ghll@gloucestershire.gov.uk

 01452 426322

 www.ghll.org.uk



Look out for our "SEAL Special" bulletin in October which will focus on this great resource, for social and emotional learning, you have access to via GHLL!