

10 Steps to Gaining and Maintaining Healthy Schools/Healthy FE Status

Go to Gloucestershire Healthy Living and Learning (www.ghll.org.uk).

From the home page hover over GHLL and click GHLLReview (or go direct to www.review.ghll.org.uk)

Login using your school's details e.g. admin@.... and set up a password

1

Complete Gloucestershire Healthy Living and Learning Review

Involve governors, parents and pupils in your review. An optional pupil-led model is also available. Either submit as draft for us to look over or simply submit

2

Identify key areas you need to work on from the two Priorities below:

- a) Healthy Weight
- b) Another Priority (this can also be Healthy Weight)

At least one of these to include vulnerable young people

Your assigned Leading Teacher will be available to help you do this.

3

Collect Baseline data

Use Gloucestershire Online Pupil Survey data, surveys or other reliable data

- a) Enter your target group
- b) Enter the number of pupils involved
- c) Enter your baseline measure

4

Plan your actions

What do you intend to do? (e.g. set up a breakfast club, review the SRE curriculum)

How do you intend to do it?

5

Do it!

Give yourself time, most projects will take at least a term, if not a year or more to embed. We are looking for long term change here

6

Measure changes against baseline data

Revisit your baseline data and enter the changes that have occurred (e.g. 70 more children now eat breakfast regularly, Yr 10 now think SRE meets their needs)

7

Submit results

Press the submit button and give yourself a pat on the back!

8

Quality Assurance

Your results will be presented to the Quality Assurance Group who will validate your submission. You may be asked for more details at this stage.

9

Healthy Schools/Healthy FE status will be awarded to you

You will be sent a new plate for your plaque, valid for 3 years.

10