



Sent on behalf of Fiona Quan– Lead for Health & Well-Being (Education & Learning)

Dear Colleague,

Leading Ways to Wellbeing: are we there yet ?

I am delighted to invite you to the Gloucestershire Healthy Living and Learning (GHLL) Event on **Thursday 27th June 2019 at the Cheltenham Chase Hotel, Shurdington Road, Brockworth, Gloucestershire GL3 4PB.**

We have 2 keynote speakers:

Paul McGee - ‘Resilience in the classroom begins with resilience in the staffroom’



SUMO is the ongoing culmination of over 25 years of work by Paul McGee. His insights and unique and engaging style of delivery have captured the attention of people around the globe and he is now universally recognised as ‘The SUMO Guy’. Now more than ever Paul feels passionately about SUMO and the difference it can make to people’s lives. He continues to spread the SUMO message through his best-selling books and sold-out presentations to audiences ranging in size from intimate workshops to packed conference halls.

Dick Moore – ‘How high can you fly with broken wings?’

- What makes a mentally healthy school?
- Triggers
- Brain development
- Emotions

Educated at Durham and Newcastle Universities, Dick has been an English teacher, rugby coach and for almost 23 years, a headteacher. He is also a father and grandfather! He has spoken at over 350 schools, businesses, universities and conferences around the world about his passion for the emotional and mental health of young people. Dick is an instructor for Mental Health First Aid, a trainer of the Charlie Waller Memorial Trust and attended an ASIST course focusing on suicide intervention. Dick has appeared on BBC Breakfast, ITN News, BBC Radio 5 Live and numerous local radio stations and gave a TEDx talk in 2015 and a Head talk in 2018. He has a passion for all sport (especially Fulham FC!), the Gallipoli Campaign and the American Civil War.

This event has been commissioned and subsidised by Public Health. There will also be the ever expanding array of 'Market Place' stall holders to support your work through the year. Places will be offered on a first come, first served basis and we are anticipating high demand.

The day will be 9.00am-4.00pm with registration/coffee being served from 8.30am. Each delegate will have the opportunity to attend two workshops on topics such as Self Harm, Staff Well-Being, Tackling Homophobic, Biphobic & Transphobic Bullying in Schools etc. Details of workshops will be sent out closer to the time.

The cost of the day will be £40.00 including lunch and refreshments.

Please see proposed Agenda below:

Outline of the Day	
8.30am	Registration, Coffee, Marketplace
9am-9.15am	Welcome, Introduction & Launch: Fiona Quan Lead for GHLL and Beth Bennet-Britton, Consultant Public Health
9.15am-9.25am	Chris Spencer – Director of Children’s Services
9.30am-9.40am	Helen Ford – Integrated Care System Lead for Children’s Mental Health and Maternity Future in Mind and Better Births Programmes NHS Gloucestershire Clinical Commissioning Group
9.40am-9.45am	Fiona Quan introduction to Dick Moore
9.45am-10.45am	Keynote Speaker – Dick Moore
10.45am-11.10am	Coffee
11.10am-12.10pm	Workshop 1
12.10pm-1.25pm	Lunch – Marketplace
1.25pm-1.30pm	Introduction to Paul McGee
1.30pm – 2.30pm	Keynote Speaker – Paul McGee
2.35pm – 3.35pm	Workshop 2
3.35pm – 4.00pm	Marketplace/Networking/Close

To book your place at this exciting event just email your details to GHLL@gloucestershire.gov.uk or call us on 01452 427327/427208