

Dementia Action Week 16<sup>th</sup> – 23<sup>rd</sup> May

# Open Mics Challenge

**Make contact**

**Interview and investigate**

**Create a visual representation**

**Share**



**Would you like to take part in our challenge  
this year and help raise awareness of dementia?**

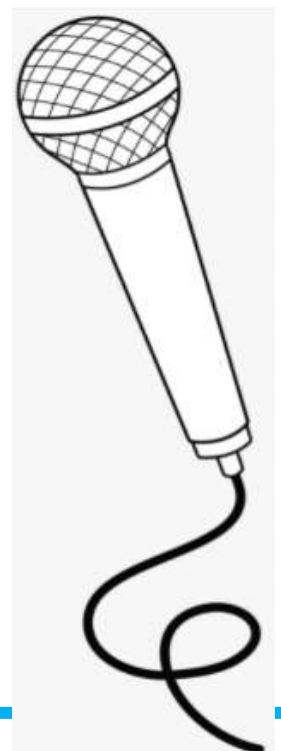
Decide on who you would like to interview. This could be an elderly family member, a neighbour, a family friend, a care home resident or someone else you feel would be suitable.

Find out as much as you can about them:

- things about their past
- where they have lived
- holidays they have enjoyed
- their time at school
- what they wore
- the music they liked
- who their friends were
- where they worked and the jobs they did
- their likes and dislikes...

You might want to make notes or record your interviews.

Next, **create a visual display** of all that you have found out. This could be in whatever form you choose: a collage, photographs, drawings, paintings, a storyboard, a tree of life...it's up to you! You might want to add some annotation to your creation. You will then need to submit a photograph of your final creation along with your name, year group and the name of your school.



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Making contact, showing interest, giving your time, listening to someone elderly, are all great gifts to give. By connecting with someone who may be lonely, who may have dementia, or may at times seem invisible to the outside world not only helps them but, in turn, makes us feel good about ourselves.

So by taking part, you can:

- Help to find ways in which we can all support people living with dementia
- Help reduce stigma around dementia, and encourage positive attitude about dementia

### Competition Details

Prizes for Key Stage 2, 3, 4 and 5 pupils.

Please submit your entries, via your school, entitling your email **Open Mic** to [ghll@gloucestershire.gov.uk](mailto:ghll@gloucestershire.gov.uk)

Please include

- your name,
- your school/college name
- your year group/course you are doing

Closing date is Monday 6<sup>th</sup> June 2022

Click [here](#) to find our primary lesson resources on dementia awareness and understanding

Click [here](#) to find our Intergenerational Project resource for secondary pupils, and the link to the film created within Gloucestershire, **I'm Still Here**, to help raise awareness and understanding.

*We are looking forward to **you** taking on the Open Mics challenge...*